

Hit Or Miss

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - May 2012
音樂: Hit or Miss - Tom Jones : (Album: Spirit In The Room. - iTunes)



Start the dance on the vocals (0:22). - No Tags, No Restarts.

[1-8] Heel & Heel & X4, Rumba Fwd & Rumba Back

1&2& Present Rt Heel fwd, Step Rt heel next to Lt, Present Lt Heel fwd, Step Lt heel next to Rt
3&4& Present Rt Heel fwd, Step Rt heel next to Lt, Present Lt Heel fwd, Step Lt heel next to Rt
5&6 Step Rt to Rt, Step Lt next to Rt, Step Rt fwd
7&8 Step Lt to Lt, Step Rt next to Lt, Step Lt back

[9-16] Shuffle 1/2 Turn, Rock 1/2 Turn X2, Step 1/4 Turn Cross

1&2 Make 1/2 turn Rt stepping Rt fwd (6:00), Step Lt next to Rt, Step Rt fwd
3&4 Rock Lt fwd, Replace weight Rt, Make 1/2 turn Lt stepping Lt fwd (12:00)
5&6 Rock Rt fwd, Replace weight Lt, Make 1/2 turn Rt stepping Rt fwd (6:00)
7&8 Step Lt fwd, Make 1/4 turn Rt stepping Rt to Rt (9:00), Step Lt over Rt

[17-24] Side Behind 1/4 Turn, Step 1/4 Cross, Side Behind 1/4 Turn, Step 3/4 Turn Side

1&2 Step Rt to right, Step Lt behind Rt, Make 1/4 turn Rt stepping Rt fwd (12:00)
3&4 Step Lt fwd, Make 1/4 turn Rt stepping Rt to Rt (3:00), Cross Lt over Rt
5&6 Step Rt to right, Step Lt behind Rt, Make 1/4 turn Rt stepping Rt fwd (6:00)
7&8 Step Lt fwd, Make 1/2 turn Rt stepping Rt fwd (12:00), Make 1/4 turn Rt stepping Lt to Lt (3:00)

[25-32] Behind Side Cross, Rumba Fwd, Rumba Back, Step Lock Back

1&2 Step Rt behind Lt, Step Lt to Lt, Cross Rt over Lt
3&4 Step Lt to Lt, Step Rt next to Lt, Step Lt fwd
5&6 Step Rt to Rt, Step Lt next to Rt, Step Rt back
7&8 Step Lt back, Lock Rt in front of Lt, Step Lt back

[33-40] Full Turn Step, Step Lock Fwd, Scuff-Step, Tap-Step, Kick-Back, Kick-Back

1&2 Make 1/2 turn Rt stepping Rt fwd (9:00), Make 1/2 turn Rt stepping Lt next to Rt (3:00), Step Rt fwd
3&4 Step Lt fwd, Lock Rt behind Lt, Step Lt fwd
&5&6& Scuff Rt fwd, Step down on Rt, Tap Lt beside Rt, Step Lt back, Kick Rt low fwd
7&8 Step Rt back back, Kick Lt low fwd, Step Lt back

[41-48] Coaster Step, 1 1/4 Turn, Scuff Out, Rock Step-Out, Swivel In Out In

1&2 Step Rt back, Step Lt next to Rt, Step Rt fwd
3&4 Make 1/2 Turn Rt stepping Lt back (9:00), Make 1/2 Turn Rt stepping Rt fwd (3:00) Make 1/4 turn Rt stepping Lt to Lt (6:00)
5&6& Scuff Rt fwd, Step Rt to Rt, Rock Lt to Lt, Stomp Rt a large step to Rt (no weight)
7&8 Swivel Rt towards Lt: – (Swivel toes in, Swivel heel in, Swivel toes in “face 6:00”).

HAVE FUN

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