

My Merry Way

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Michele Perron (CAN) - May 2012
音樂: Let Me Go My Merry Way - Charlie Rich : (Album: Soul Review Volume 16, Feel Like Going Home: The Essential Charlie Rich)



Introduction: 16 Counts - CW Rotation,

Sec. I (1- 8) FORWARD, HOLD, WALK, WALK, FORWARD, HOLD, BACK, BACK

1,2 RIGHT Step forward, HOLD
3,4 LEFT, RIGHT Steps forward
5,6 LEFT Step forward, HOLD
7,8 RIGHT Step Back, LEFT Step back

Sec. II (9-16) TURN, HOLD, ACROSS, SIDE, BEHIND, HOLD, SIDE, SIDE [Reverse Twinkle]

1,2 Turn 1/4 R with RIGHT Step side R, HOLD [3 o'clock]
3,4 LEFT Step across front of R, RIGHT Step side R
5,6 LEFT Step crossed behind R (& slightly back), HOLD
7,8 RIGHT Step side R (& slightly back), LEFT Step side L (& slightly forward)

Sec.III (17-24) BEHIND, HOLD, TURN, TURN, TOGETHER, TOUCH, TOGETHER, TOUCH

1,2 RIGHT Step crossed behind L (& slightly back), HOLD
3,4 Turn 1/4 L with LEFT Step forward, Turn 1/4 L with RIGHT Step side R [9 o'clock]
5,6 LEFT Step beside R, RIGHT Toe/Touch side R
7,8 RIGHT Step beside L, LEFT Toe/Touch side L

Sec.IV (25-32) ACROSS, HOLD, SIDE, SIDE [Twinkle], Forward/Rock, Back/Rock [Rocking Chair]

1,2 LEFT Step across front of R (& slightly forward), HOLD
3,4 RIGHT Step side R, LEFT Step side L & diagonal L
5,6 RIGHT Rock/Step forward diagonal L, LEFT Recover/Step back with 1/8 Turn L [6 o'clock]
7,8 RIGHT Rock/Step back, LEFT Recover/Step forward with 1/4 Turn L [3 o'clock]

Begin Again

Ending: You will be facing the front wall, at the beginning of Sec III, execute Right Step crossed behind L, then take a large Left side step, spread arms out to sides and create a "Pose" in a side lunge.

Notes: Timing for this dance is based on the rhythm of the "Slow Foxtrot": Slow-Quick-Quick [Slow = 2 beats of music, Quick = 1 beat of music]. Smooth, elegant, flowing, subtle rise & fall action; these are some of the features of the Slow Foxtrot.

Contact: michele.perron@gmail.com - micheleperron.com

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