

A Love Worth Waiting 4 (P)

拍數: 64 牆數: 2 級數: Improver - Partner
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音樂: A Love Worth Waiting For - Bouke



Couples adaptation by Jeanie Keener
Dance in Sweetheart position

Man's Part

(Start in Promenade/Sweetheart position with woman slightly ahead on right).

(Modified rumba boxes forward)

1-4 Left step side; right together; left long step forward; pause
5-8 Right step side; left together; right step long forward; pause

(Modified rumba boxes back)

1-4 Left step side; right together; left long step back; pause
5-8 Right step side; left together; right long step back; pause

(Left rock back, right replace, left step forward, pause, right lock-step forward, pause)

1-4 Left rock back; right replace forward; left step forward; pause
5-6 Right cross forward; left lock behind-outside right
7-8 Right step forward; pause

(Left rock forward, right replace, step side ¼ turn, pause, crossover-side, behind, sweep)

1-2 Left rock forward; right recover back preparing left turn

(Release left hand, and bring right over woman's head in ¼ turn left)

3-4 Left step side turning ¼ left; pause [9:00]

(Re-join hands with woman behind man in tandem position)

5-8 Right crossover; left step side; right behind; left sweep front to back

(Left behind, right step side, left crossover, pause, scissor step, hold)

1-4 Left behind; right step side; left crossover; pause
5-8 Right step side; left step back; right crossover; hold

(Chassé left into ¼ turn, hold, pivot turn ½ left, step forward, hold)

1-4 Left step side; right together; left step side in 3rd position; hold

(Release right hand while bringing left hand over woman's head).

5-8 Right step forward; pivot turn ½ left; right step forward; hold [12:00]

(Pick up right hand in ½ turn left.

The woman will now be on the man's right in Promenade position).

(Three steps forward, hold, pivot turn ¼ left, crossover, hold)

1-4 Three steps forward (LRL); hold

(Woman does a full spin turn right with the man keeping the right hand)

5-8 Right step forward; pivot turn ¼ left; right crossover; hold [9:00]

(Bring right hand over woman's head picking up the left hand in tandem position)

(Rumba box with ¼ turn left)

1-4 Left step side; right together; left step forward; pause

(Man leads woman slightly to his left on counts 1-4)

5-8 Right step side; left together; right step back oblique; turn ¼ left [6:00]

(On counts 5-8 man releases woman's right hand, brings the left hand over the woman's head and rejoins right hands in promenade position on new wall)

BEGIN AGAIN

Woman's Part

(Start in Promenade/Sweetheart position with woman slightly ahead on right).

(Modified rumba boxes forward)

- 1-4 Left step side; right together; left long step forward; pause
5-8 Right step side; left together; right step long forward; pause

(Modified rumba boxes back)

- 1-4 Left step side; right together; left long step back; pause
5-8 Right step side; left together; right long step back; pause

(Left rock back, right replace, left step forward, pause, right lock-step forward, pause)

- 1-4 Left rock back; right replace forward; left step forward; pause
5-6 Right cross forward; left lock behind-outside right
7-8 Right step forward; pause

(Left rock forward, right replace, step side ¼ turn, pause, crossover-side, behind, sweep)

- 1-2 Left rock forward; right recover back preparing left turn
(Man releases left hand, and loops right over woman's head in ¼ turn left)

3-4 Left step side turning ¼ left; pause [9:00]

(Re-join hands with woman behind man in tandem position)

- 5-8 Right crossover; left step side; right behind; left sweep front to back

(Left behind, right step side, left crossover, pause, scissor step, hold)

- 1-4 Left behind; right step side; left crossover; pause
5-8 Right step side; left step back; right crossover; hold

(Chassé left into ¼ turn, hold, pivot turn ½ left, step forward, hold)

- 1-4 Left step side; right together; left step side in 3rd position; hold

(Man releases right hand while bringing left hand over woman's head).

- 5-8 Right step forward; pivot turn ½ left; right step forward; hold [12:00]

(Man picks up woman's right hand in ½ turn left. The woman will now be on the man's right in Promenade position).

(Left step forward in full spin turn right, step, step, hold, pivot turn ¼ left, crossover, hold)

- 1-4 Left step forward into full spin turn right; two steps forward (RL); hold

(Woman will do a full right spin turn forward, using right hand.

- 5-8 Right step forward; pivot turn ¼ left; right crossover; hold [9:00]

(Man's right hand loops over woman's head and picks up left hand in tandem position).

(Step side, together, forward oblique, pause, step oblique, crossover, step back oblique, turn ¼ left)

- 1-4 Left step side; right together; left step forward oblique; pause

(Woman moves slightly to Man's left on counts 1-4)

- 5-6 Right step forward oblique; left crossover (moving to Man's right)

- 7-8 Right step back oblique; turn ¼ left [6:00]

(On counts 5-8 man releases woman's right hand, brings the left hand over the woman's head and rejoins right hands in promenade position on the new wall)

BEGIN AGAIN
