

Springsteen

拍數: 32 牆數: 2
編舞者: Rich Klender (USA) - May 2012
音樂: Springsteen - Eric Church



Start on lyrics

ROCK RECOVER, ¾ TURN WEAWE, SWEEP, SAILOR STEP

- 1, 2 Rock right foot forward, recover back on left foot.
3&4 Step right foot to right, turning ¼ right, step left foot left turning ½ right, step right foot behind left.
5, 6 Sweep left foot to left side, front to back
7&8 Left sailor step (step left behind right, step right to right, step left home).

POINT HOLD, COASTER, POINT HOLD, COASTER

- 1, 2 Point right toe forward, hold.
3&4 Right coaster step (alternative: triple turn right one full turn – right, left, right)
5, 6 Point left toe forward, hold
7&8 Left coaster step (alternative: triple turn left one full turn - left, right, left)

STEP, DRAG, WEAWE ¼ TURN, HITCH, KICK, COASTER STEP

- 1, 2 Step right to right side, drag left to right (alternative: step small step to right, pointing left toe to left, lean right and “fall” into counts 3&4, weave)
3&4 Step left foot behind right, step right to right while turning ¼ to right, step left beside right
5, 6 Hitch right knee, kick right foot forward
7&8 Right coaster step (step right back, left together, right forward)

HITCH, CROSS, SCISSOR STEPS, PIVOT ½ TURN

- 1,2 Hitch left knee, angling foot across right leg approx. 45 degrees, step left across right leg, taking weight on left foot.
3&4 Rock right to right side (rocking on ball of foot), recover on left foot, step cross right over left
5&6 Rock left to left side, recover on right foot, step cross left foot over right.
(alternative: turning triple step one full turn to left – left, right, left)
7, 8 Step right forward, turn ½ left, step left taking weight.

BEGIN AGAIN!!
