

Twinkle

拍數: 64 牆數: 4 級數: Phrased Intermediate
編舞者: Rhoda Lai (CAN) - May 2012
音樂: Twinkle - Girls' Generation-TTS



Sequence: AAB AAB AB AAA

A Pattern – 32 counts

Section I: L DOROTHY, R DIAGONAL FWD LOCK STEPS, FWD TOUCH, HEEL BOUNCES ½ R

1,2& step L diagonal fwd, lock R behind L, step L fwd
3&4 step R diagonal fwd, lock L behind R, step R fwd
&5 step L diagonal fwd, touch R behind L
6,7,8 bounce both heels 3 times while making a ½ turn to the right, ending weight on L

Section II: SIDE R, EXTENDED SYNCOPATED WEAVE R, SIDE ROCK ¼ L, SHUFFLE FWD R

1 step R to the side
2&3&4&5 step L behind R, step R to the side, cross L over R, step R to the side, step L behind R, step R to the side, cross L over R
6,7 side rock R, ¼ turn L recovering onto L
8&1 shuffle forward R L R

Section III: HIP BUMPS ½ R, SWEEP R SAILOR, SCUFF HITCH SIDE

2&3&4&5 step L fwd and bump hip L, bump hips R L R L R L while making a ½ turn to the right
&6&7 sweep R from front to back, step R behind L, step L to the side, step R to the side
8&1 scuff L, hitch L, step L down to the side with feet slightly apart

Section IV: 2x KNEE CLAPs, 2x HEEL SWITCHES RL, 3x SIT AND DROP R SHOULDER

2,3 clap both knees together twice
4&5 touch R heel fwd diagonal R, step R next to L, touch L heel fwd diagonal L
6,7,8 sit and drop weight and shoulder onto right for three times

B Pattern – 32 counts

Section I: RUMBA BOX

1,2,3,4 step L to the side, step R next to L, step back L, hold
5,6,7,8 step R to the side, step L next to R, step fwd R, hold

Section II: STEP, PIVOT ½ R, ½ R BACK, SWEEP, WEAVE L, SWEEP

1,2,3,4 step fwd L, pivot ½ R onto R, ½ R step back L, sweep R from front to back
5,6,7,8 step R behind L, step L to the side, cross R over L, sweep L from back to front

Section III: CROSS, ¼ L BACK, BACK, HOLD, BACK ROCK, RECOVER, FWD, HOLD

1,2,3,4 cross L over R, ¼ turn L step back R, step back L, hold
5,6,7,8 rock back R, recover onto L, step fwd R, hold

Section IV: STEP, PIVOT ½ R, STEP, PIVOT ½ R, ¼R TOUCH, HOLD, SHOULDER ROLLS

1,2,3,4 step fwd L, pivot ½ R onto R, step fwd L, pivot ½ R onto R,
5,6,7,8 ¼ R touch L next to R, hold, roll L shoulder fwd, roll R shoulder fwd