

Rock Easy Around The Clock

COPPERKNOB
STEPPERS

拍數: 48 牆數: 4 級數: Easy Beginner
編舞者: Shanthie De Mel (AUS) - May 2012
音樂: Rock Around the Clock - Bill Haley & The Comets : (CD: 50's Greatest Rock N Roll)



Begin: 32 count Intro. Start hard beat on vocals - ".... clock strikes"
Rotation Left. No Tags or Restarts.
Split floor dance to ROCK AROUND THE CLOCK by Tony Chapman.UK.

(1-8) TRI-ROCKER RIGHT. STOMP. CLAP.

1- 2 Rock R forward. Recover L.
2- 3 Rock R to right side. Recover L.
5- 6 Rock R back. Recover L
7- 8 Stomp R together. Clap. (12:00)

(9-16) TRI-ROCKER LEFT. STOMP. CLAP.

1- 2 Rock L forward. Recover R.
2- 3 Rock L to left side. Recover R.
5- 6 Rock L back. Recover R.
7- 8 Stomp L together. Clap. (12:00)

(17-24) TOE. HEEL. STOMP. HOLD. HOLD. x2.

1- 2 Touch R toe forward to right diagonal. Touch R heel forward to right diagonal.
3- 4 Stomp R together. Hold.
5- 6 Touch L toe forward to left diagonal. Touch L heel forward to left diagonal.
7- 8 Stomp L together. Hold. (12:00)

(25-32) VINE RIGHT WITH HOLD. HEEL-TOUCH. HEEL-LIFT. x2.

1- 2 Step R to right. Cross L behind R.
2- 3 Step R to right. Hold.
5- 6 Touch L heel to R. Lift L heel.
7- 8 Touch L heel to R. Lift L heel. (12:00)

(32-40) VINE LEFT WITH HOLD. HEEL-TOUCH. HEEL-LIFT. x2.

1- 2 Step L to left side. Cross R behind L.
2- 3 Step L to left side. Hold.
5- 6 Touch R heel to L. Lift R heel.
7- 8 Touch R heel to L. Lift R heel. (12:00)

(41-48) TOE STRUTS BACK x3. 1/4 LEFT TURN. HOLD.

1- 2 Step R toe back. Step R heel down.
2- 3 Step L toe back. Step L heel down.
5- 6 Step R toe back. Step R heel down.
7- 8 Turning 1/4 left step L to left. Hold. (9:00)

START AGAIN. HAVE FUN!

Last Update: 24 Jun 2024