

Dark Paradise

COPPER KNOB
BY STEPHEN TSE

拍數: 32 牆數: 4 級數: Beginner
編舞者: Irene Tang (HK) - May 2012
音樂: Dark Paradise - Lana Del Rey : (CD: Born To Die)



Count In: 32 counts after heavy beat (approx 32 sec)

SEC 1: DIAG FWD, LOCK, FWD SHUFFLE, DIAG FWD, LOCK, FWD SHUFFLE

1 – 2 Step RF fwd towards R diagonal, Lock LF behind RF (1:30)
3&4 Step RF fwd, Lock LF behind RF, Step RF fwd (1:30)
5 – 6 Step LF fwd towards L diagonal, Lock RF behind LF (10:30)
7&8 Step LF fwd, Lock RF behind LF, Step LF fwd (10:30)

SEC 2: FWD ROCK, RECOVER, 1/4 R CHASSE, WEAVE 1/4

1 – 2 Square up to 12:00 rocking RF fwd, Recover on LF (12:00)
3&4 Rotate 1/4 R stepping RF to R, Close LF to RF, Step RF to R (3:00)
5 – 8 Cross LF over RF, Step RF to R, Cross LF behind RF, Rotate 1/4 R stepping RF fwd (6:00)

SEC 3: FWD ROCK, RECOVER, L CHASSE, WEAVE 1/4

1 – 2 Step LF fwd, Recover on RF
3&4 Step LF to L, Close RF to LF, Step LF to L
5 – 8 Cross RF over L, Step LF to L, Cross RF behind LF, Rotate 1/4 L stepping LF fwd (9:00)

SEC 4: 4 X TOUCH PADDLE

1 – 2 Touch RF fwd, Pivot 1/4 L with weight on LF & rolling hips (12:00)
3 – 4 Touch RF fwd, Pivot 1/4 L with weight on LF & rolling hips (3:00)
5 – 6 Touch RF fwd, Pivot 1/4 L with weight on LF & rolling hips (6:00)
7 – 8 Touch RF fwd, Pivot 1/4 L with weight on LF & rolling hips (9:00)

Feel the music & enjoy

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