

Throw Your Hands Up

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jessie Riethmuller & Ryan Riethmuller (AUS) - May 2012
音樂: Throw Your Hands Up (feat. Pitbull & Lucenzo) - Qwote



START after 48 counts (after lyrics Lets Go, Lets Go)

[1-8] Rock, Pivot, Pivot, Hip R,L

1,2,3,4 Rock R Back, replace weight fwd on L, Step R fwd half pivot, *
5,6,7,8 Step R fwd half pivot, Step R to Side, Push Hip R, Push Hip L**

[9-16] Vine R, Vine L

1,2,3,4 Step R to side, Step L behind, Step R to Side, Jump (with clap)
5,6,7,8 Step L to side, Step R behind, Step L to Side, Jump (with clap)

[17-24] Rocking Chair x 2

1,2,3,4 Rock R fwd, Replace weight back on L, Rock R Back, Replace Weight fwd on L ***
5,6,7,8 Rock R fwd, Replace weight back on L, Rock R Back, Replace Weight fwd on L

[25-32] Jazz box ¼ R, Rock, Walk Back

1,2,3,4 Cross R over L, Step Back on L, ¼ turn stepping Right Forward, Step L beside R
5,6,7,8 Rock R fwd, Replace weight back on L, Walk back R, L

[32]

"Optional" Styling (Pretty much a must if you really want to enjoy this dance)

*** On Pivot Turns, have hands over head in circular motion (helicopter arms)**

**** Wave Hands Right, Left, when Pushing Hips Right, Left**

***** On Rocking Chairs, swing arms fwd & back (opposite to the foot that's forward). Crouch down a little when rocking back.**

ENJOY !

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