

Get Over It

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Colleen Archer (AUS) - May 2012
音樂: Get Over It - D. Henley & G. Frey : (Album: The Tune Robbers Play Hit Mix Vol. 7
- Version 2)



Intro: 32 counts after guitar solo SP. Weight on L "For...Julie...I agree!"

SIDE, TOG, ROCK BACK REC , SIDE, TOG, ROCK FWD REC

1, 2 Step R to right side, Step L beside R
3, 4 Step R back, Recover L
5, 6 Step R to right side, Step L beside R
7, 8 Step R forward, Recover L (12)

ROCK SIDE REC, BEHIND, SIDE, ACROSS, SIDE, ROCK BACK REC

1, 2 Step R to right side, Recover L
3, 4 Step R behind L, Step L to left side
5, 6 Step R across L, Step L to left side
7, 8 Step R behind L, Recover forward on L (12)

RUMBA TOUCH, SIDE TOG TURN ¼ TOUCH,

1, 2 Step R to right side, Step L beside R
3, 4 Step R back, Touch L beside R
5, 6 Step L to left side, Step R beside L
7, 8 Turn ¼ left & step L forward, Touch R beside L (9)

TOUCH SIDE, TOG, FWD, BACK, FWD, HOOK, TOUCH FWD, TOG

1, 2 Touch R toe to right side, Touch R toe beside L
3, 4 Touch R heel forward, Touch R toe back
5, 6 Touch R heel forward, Hook R heel up to L knee
7, 8 Touch R heel forward, Touch R beside L (9)

BACK LOCK BACK TOUCH, BACK TOUCH & CLAP, BACK TOUCH & CLAP

1, 2 Step R back, Lock L across R
3, 4 Step R back, Touch L beside R
5, 6 Step L back, Touch R beside L and clap
7, 8 Step R back, Touch L beside R and clap (9)

ROCK BACK REC, ½ PIVOT, FWD COASTER TOUCH

1, 2 Step L back, Recover R
3, 4 Step L forward, Turn ½ right taking weight R
5, 6 Step L forward, Step R beside L
7, 8 Step L back, Touch R beside L (3 restarts here) (3) ##

R TOE STRUT, L TOE STRUT, ¼ MONTEREY

1, 2 Touch R toe to right side, Drop R heel
3, 4 Touch L toe across R, Drop L heel
5, 6 Touch R toe to right side, Turn ¼ right & step R beside L
7, 8 Touch L toe to left side, Step L beside R (6)

TWIST HEELS TOES HEELS, HOLD, TWIST HEELS TOES HEELS, HOLD

1, 2 Step R beside L weight on balls of both feet & twist both heels to right, Toes to right
3, 4 Twist both heels to right, Hold (optional heel flick behind)

5, 6 Step L beside R weight on balls of both feet & twist both heels to left, Toes to left
7, 8 Twist both heels to left, Hold (optional heel flick behind) (add tag & finish here) (6)
(64) Begin again.....

RESTARTS: ## Short walls...ONE, THREE & SIX....dance first 48 counts & begin dance again.

SEQUENCES: 48 64 48 64 64 + tag 48 64 64 8

WALLS START: (12) (3) (9) (12) (6) (12) (3) (9) (3) (o'clock)

TAG: Add tag at end of wall FIVE...R VINE, TCH HEEL FWD, L VINE, TCH HEEL FWD

1 – 4 Step R to right side, Step L behind R, Step R to right side, Touch L heel forward 45° left

5 – 8 Step L to left side, Step R behind L, Step L to left side, Touch R heel forward 45° right

**FINISH: Dance TAG turning ¼ left on count 7 and step L forward, Step R beside L
Twist both heels to right, Twist toes to right, Twist heels to right, Dig L heel forward & punch up.**

Dance may be copied and distributed provided original steps remain unchanged.

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