

Tamally Maak

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Angels Guix (ES) - April 2012
音樂: Tamly Maak - Amr Diab



[1-8] CROSS MAMBO x2, ½ PADDLE TURN, MAMBO FORWARD

1&2 Cross rock RF over LF, recover on LF, step RF to right
3&4 Cross rock LF over RF, recover on RF, step LF to left
5&6& Step on ball of RF, pivot ¼ over LF, step on ball of RF, pivot ¼ over LF
7&8 Rock RF forward, recover on LF, step RF together

[9-16] LEFT SHUFFLE, ¼ TURN LEFT, SHUFFLE RIGHT, OUT OUT, COASTER STEP

1&2 Step LF to left, step RF together, step LF to left
3&4 ¼ turn to left on LF and step RF to right, step LF together, step RF to right (3:00)
5,6 Step LF diagonally left, step RF diagonally right
7&8 Step LF back, step RF together, step LF forward

[17-24] ROCKING CHAIR to 1:30, ROCK STEP, BIG STEP SIDE, BEHIND SIDE CROSS, STEP TURN STEP

1& Turn to left diagonal (1:30) and rock RF forward, recover on LF
2& Rock RF backward, recover on LF
3& Rock RF forward, recover on LF
4 Turn to front wall and big step RF to right
5&6 Step LF behind RF, step RF to right, cross step LF over RF
7&8 Step RF forward, pivot ½ turn to left and shift weight on LF, step RF forward

[25-32] LEFT STEP SIDE, HIP, RIGHT STEP TO SIDE, HIP, STEP BACK LEFT RIGHT, TRIPLE STEP

1-4 Step LF to left with hip rotation, bump right hip up, step RF to right with hip rotation, bump left hip up
5,6 Step LF backward, step RF together
7&8 Triple step smoothly in place with hip movement

Start again

TAG: add the following 4 counts at the end of 3rd and 6th repetition.

1&2 STEP TURN STEP: Step forward on RF, pivot ½ to left and shift weight on LF, step forward on RF
3&4 STEP TURN STEP: Step forward on LF, pivot ½ to right and shift weight on RF, step forward on LF

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