

The Girl from Ipanema

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Intermediate - Bossa Nova rhythm
編舞者: Gordon Timms (UK) - May 2012
音樂: The Girl from Ipanema (feat. Bebel Gilberto) - Kenny G : (CD: Kenny G - The Greatest Hits)



16 Count Intro. Start the dance on the vocals

SECTION 1: SIDE ROCK & RECOVER STEP LEFT BEHIND RIGHT, RONDÉ (SWEEP), BEHIND, SIDE, & CROSS, SIDE STEP WITH LEFT, DRAG, AND CROSS, QUARTER TURN LEFT, SIDE, STEP,

- 1 & 2 & Rock left to left side, pushing left hip out, recover on to right, step left directly BEHIND right travelling backwards. (hold)
- 3 & 4 & Rondé (sweep) right foot out and behind left, step left to left side, cross right over left. (hold)
- 5 & 6 & Long step left to left side, pushing left hip out, slide and step right next to left, cross left over right (hold)
- 7 & 8 & Turn ¼ turn left stepping back on RIGHT foot, step left to left side, step right forward slightly...(hold) Faces 9.00

SECTION 2: MODIFIED LEFT MAMBO, MODIFIED RIGHT COASTER CROSS, RONDÉ, (SWEEP) CROSS SHUFFLE, QUARTER TURN LEFT, MODIFIED RIGHT COASTER CROSS.

- 1 & 2 & Rock forward at 45° on the Left, Recover on to the right, Step left next to right (hold)
- 3 & 4 & Step right back at 45° pushing right hip out, straighten up and step left back, cross right over left... (NO HOLD).
- On the & count... Rondé (sweep) left foot out from behind right ... ready to...
- 5 & 6 & Cross left over right, step right to right side, cross left over right. (hold)
- 7 & 8 & Turn ¼ turn left stepping back on RIGHT foot, step left next to right, cross right over left... (hold) Faces 6.00

SECTION 3: STEP, SIDE TOGETHER BACK, SIDE TOGETHER FORWARD (REVERSE BASIC RUMBA BOX)

SIDE ROCK, RECOVER, FORWARD STEP, RONDÉ, (SWEEP) CROSS SHUFFLE.

- 1 & 2 & Make a long step left to left side, close right next to left, (WOR) step back on left. (hold)
- 3 & 4 & Normal step right to right side, close left next to right, (WOL) step forward on right. (hold)
- 5 & 6 & Rock left out to left side pushing left hip out, recover on to right, Step left in front of right...(NO HOLD).

On the & count... Rondé (sweep) right foot out from behind left ready to...

- 7 & 8 & Cross right over left, step left to left side, cross right over left. (hold) Faces 6.00

SECTION 4: SIDE ROCK & RECOVER, STEP LEFT FORWARD IN FRONT OF RIGHT, STEP, TURN, STEP, HALF TURN RIGHT,

QUARTER TURN RIGHT AND CLOSE, LOW KICK, RONDÉ (SWEEP) BEHIND, SIDE, & CROSS.

- 1 & 2 & Rock left to left side pushing left hip out, recover on to right, step left forward travelling forward. (hold)
- 3 & 4 & Step forward on right foot, pivot ½ turn left on ball of left foot, step forward on right. (hold) (12.00)
- 5 & 6 & Step forward on left foot, pivot ½ turn right, turn ¼ turn right on ball of right foot, step left next right. (NO HOLD)...

On the & count... Kick right foot out low at 45° ready to...

- 7 & 8 & Rondé (sweep) right foot out and behind left, *step left to left side, cross right over left. (hold) Faces 9.00

No restarts – no tagsjust nice Latin music to dance to....for a nice clean finish fade the music at about 3.10

to avoid the 'tail off' ending.

To finish facing the front, as the music fades change the * last two steps into a $\frac{1}{4}$ turn left, step right together.

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