

Addicted to You

拍數: 48 牆數: 4 級數: Improver
編舞者: Francien Sittrop (NL) - May 2012
音樂: Addicted to You - Shakira : (Album: Sale el Sol)



Intro: Start on vocals after 64 counts from the beginning

[1 – 9] Step fwd, Rock Recover, Shuffle back, Rock Recover, Shuffle fwd

1 – 3 Step R Fwd, Rock L fwd, Recover on R
4 & 5 Step L back , Step R next to L, Step L back
6 - 7 Rock R back , Recover on L
8 & 1 Step R fwd, Step L next to R, Step R fwd

[10-17] Heel Grind, Coaster Step x2

2 – 3 Turn on L Heel toes from R to L . Recover on R
4 & 5 Step L back , Step R next to L , Step L fwd
6 – 7 Turn on R Heel toes from L to R, Recover on L
8 & 1 Step R back, Step L next to R, Step R fwd

[18-24] Rocking Chair, Paddle Turn $\frac{3}{4}$ L

2 – 5 Rock L fwd, Recover on R, Rock L back, Recover on R
6 Step L diag L fwd (to prepare for the paddle $\frac{3}{4}$ Turn)
7 – 8 Touch R fwd make $\frac{1}{4}$ Turn L, Touch R fwd Make $\frac{1}{2}$ Turn L

[25-32] Sync Rock Step Recover , Side Rock Recover, Coaster Step , 2 Prissy Walks

1-2& Rock R to R side, Recover on L, Step R next to L
3 – 4 Rock L to L side, Recover on R
5 & 6 Step L back, Step R next to L, Step L fwd
7 – 8 Step R across L, Step L across R

[33-40] Hip Bump, Side Shuffle x2

1 – 2 Step R to R side and Bump Hips R – L
3 & 4 Step R to R side, Step L next to R, Step R to R side
5 – 6 Bump Hips L – R
7 & 8 Step L to L side, Step R next to L, Step L to L side

[41-48] Toe Touches, Sailor $\frac{1}{4}$ turn R, Toe Touches, Behind $\frac{1}{4}$ Turn R Step fwd

1 – 2 Touch R fwd, Touch R to R side
3 & 4 Sweep R behind L with $\frac{1}{4}$ Turn R , Step L to L side, Step R to R side
5 – 6 Touch L fwd, Touch L to L side
7 & 8 Step L behind R, make $\frac{1}{4}$ turn R step R fwd, Step L fwd

Start Again

**Ending: Last counts 7 & 8 (Behind $\frac{1}{4}$ Turn R Step fwd)...
Instead of a $\frac{1}{4}$ Turn R make $\frac{1}{2}$ Turn R to face the front wall again**

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