

Dancing on the Ceiling

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Craig Bennett (UK) - March 2012
音樂: Dancing On the Ceiling (feat. Rascal Flatts) - Lionel Richie



Section 1: Grapevine Cross, Forward Shuffle on Diagonal, Forward Rock

1 – 4 Step right to right side. Cross left behind right. Step right to side. Cross left over right.
5 & 6 Step right forward to right diagonal. Close left beside right. Step right forward.
7 – 8 Rock forward on left. Recover onto right (squaring back to 12:00).

Section 2: Coaster Step, Step, Pivot 1/2, Step, 1/2 Turn, 1/4 Turn, Touch

1 & 2 Step left back. Step right beside left. Step left forward.
3 – 4 Step right forward. Pivot 1/2 turn left.
5 – 6 Step right forward. Turn 1/2 right stepping left back.
7 – 8 Turn 1/4 right stepping right to side. Touch left beside right. (3:00)

Section 3: Chasse, Back Rock, Grapevine Cross

1 & 2 Step left to left side. Close right beside left. Step left to left side.
3 – 4 Rock back on right. Recover onto left.
5 – 8 Step right to side. Cross left behind right. Step right to side. Cross left over right.

Section 4: Chasse, Back Rock, Grapevine 1/4 Turn, Touch

1 & 2 Step right to right side. Close left beside right. Step right to right side.
3 – 4 Rock back on left. Recover onto right.
5 – 6 Step left to left side. Cross right behind left.
7 – 8 Turn 1/4 left stepping left forward. Touch right beside left. (12:00)

Restart Wall 4: Restart dance from the beginning.

Section 5: Side, Hold, Side, Hold, Knee, Hold, Knee, Knee

1 – 2 Step right out to right side. Hold.
3 – 4 Step left out to left side. Hold.
5 – 6 Pop right knee in towards left knee. Hold.
7 – 8 Pop left knee in towards right. Pop right knee in towards left.

Section 6: Kick Ball Point, Behind, Side, Cross Shuffle, Side Rock

1 & 2 Kick right forward. Step right beside left. Point left to left side.
3 – 4 Cross left behind right. Step right to right side.
5 & 6 Cross left over right. Step right to right side. Cross left over right.
7 – 8 Rock right to right side. Recover to left.

Section 7: Sailor 1/4 Turn, Hold & Step, Step, Pivot 1/2, Step, Touch

1 & 2 Turn 1/4 right stepping right back. Step left to side. Step right forward. (3:00)
3 & 4 Hold. Step left beside right. Step right forward.
5 – 6 Step left forward. Pivot 1/2 turn right. (9:00)
7 – 8 Step left forward. Touch right beside left.

Section 8: Grapevine 1/4 Turn With Scuff, Step, Pivot 1/2, Stomp, Touch

1 – 2 Step right to right side. Cross left behind right.
3 – 4 Turn 1/4 right stepping right forward. Scuff left at side of right. (12:00)
5 – 6 Step left forward. Pivot 1/2 turn right. (6:00)
7 – 8 Stomp left beside right. Touch right beside left.

Tag: End of Wall 3: Step, Touch, Step, Touch

1 – 4 Step right to side. Touch left beside right. Step left to side. Touch right beside left.

Restart: during Wall 4 after 32 counts.
