

# The Old Fashioned Way

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Lynn Antonucci (USA) - May 2012  
音樂: Hear My Song - Bouke



## [1-8] R SIDE, TOGETHER, SHUFFLE FORWARD, L SIDE, TOGETHER SHUFFLE BACK

1-2      Step R To R Side, Close L Beside R  
3&4      R Shuffle Forward, (RLR)  
5-6      Step L To L Side, Close R Beside L  
7&8      L Shuffle Back, (LRL)

## [9-16] STEP BACK ON R, TOUCH L CLOSE TO R, STEP BACK ON L, TOUCH R CLOSE TO L, R ROCKING CHAIR

1-2      Step R Back Diagonally To R , Touch L Toe Close To R  
3-4      Step L Back Diagonally To L, Touch R Toe Close To R  
5-8      Rock R Fwd, Rec L, Rock R Back, Rec L

## [17-24] STEP R TO R SIDE, CROSS L BEHIND R, SHUFFLE R ¼ L, PIVOT ½ R, PIVOT ½ R

1-2      Step R To R Side, Cross L Behind R  
3&4      Shuffle R ¼ To L (3:00)  
5-6      Step L Fwd, Pivot ½ R  
7-8      Pivot ½ R

## [25-32] ROCK FORWARD L, RECOVER R, L COASTER CROSS, STEP R KICK L, STEP BACK ON L, CROSS R OVER L

1-2      Rock Fwd On L, Rec. R  
3&4      Step Back On L, Step Back On R, Cross L Over R  
5-6      Step Fwd On R, Kick L To Front  
7-8      Step Back On L, Cross R Toe Over In Front Of L

### Repeat

### TAG: END OF WALL 4, FACING 12:00

#### [1-8] SIDE TOUCH, SIDE TOUCH, PIVOT ½, PIVOT ½

1-2      Step R To R Side, Touch L Next To R  
3-4      Step L To L Side, Touch R Next To L  
5-6      Step R Fwd, Pivot ½ L  
7-8      Pivot ½ L

### ENDING: BEGIN FACING 6:00

#### [1-8] STEP R, TOUCH L, STEP L, TOUCH R, PIVOT ½ R, PIVOT ½ R

1-2      Step R To R Side, Touch L Next To R  
3-4      Step L To L Side, Touch R Next To L  
5-6      Step Fwd On R, Pivot ½ L  
7-8      Pivot ½ L

#### [9-14] STEP R, TOUCH L, STEP L, TOUCH R, PIVOT ½ R

1-2      Step R To R Side, Touch L Next To R  
3-4      Step L To L Side, Touch R Next To L  
5-6      Step On R, Pivot ½ L

### DANCE WILL FINISH FACING 12:00

Contact: [lynnsdancers@gmail.com](mailto:lynnsdancers@gmail.com)

