A Little Happiness



拍數: 32 牆數: 4 級數: Improver

編舞者: Judith Kennedy (UK) - May 2012

音樂: Spread a Little Happiness - Sting: (Album: Brimstone & Treacle - Soundtrack)



(aka Just a Bit of Fun)

Start dancing on lyrics

STED	SCHEE	STED	SCHEE	RICHT	. TOGETHER	BACK	TOLICH
SIEF.	SCUFF.	SIEF.	SCUFF.	RIGHT.	. IUGEINER	. DAUN.	IUUUU

1-2	Step forward on right foot, scuff left foot forward
3-4	Step forward on left foot, scuff right foot forward
5-6	Pivoting ¼ left on left foot, step R to R and close L beside R
7-8	Step back on right foot, touch left foot beside right (9 o'clock)

BACK, LOCK, BACK, TAP LEFT. BACK, LOCK, BACK, TAP RIGHT

9-10	Step back left diagonally on left, step right across left
11-12	Step back left diagonally on left, touch right beside left
13-14	Step back right diagonally on right, step left across right
15-16	Step back right diagonally on right, touch left beside right

LEFT VINE WITH KNEE HITCH. TOUCH OUT, ACROSS, OUT, FLICK

17-18	Step left to left, step right behind left
19-20	Step left to left, hitch right knee in front
21-22	Touch right toe out to side, touch right toe across front of left
23-24	Touch right toe out to right side, flick right foot behind left knee

RIGHT VINE WITH HITCH. STEP, SCUFF, SCUFF, SCUFF

25-26	Step right to right, step left behind right
27-28	Step right to right, hitch left knee in front
29-30	Step forward onto left, scuff right foot forward
31_32	Souff right foot back and across left ship. Souff right foot forw

31-32 Scuff right foot back and across left shin. Scuff right foot forward (9 o'clock)

AND START AGAIN. THIS DANCE IS GOOD FOR THE KNEES. ENJOY!

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