

My Lady Blue

COPPER KNOB
STEP SHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jan Wyllie (AUS) - April 2012
音樂: Lady In Blue - Bourke



16 count intro,

Side Behind & Fwd Back 1/4 Turn Hold 3/4 Turn

1,2&3,4 Step L to left, Step R behind L, Step L beside R, Rock/step fwd on R, Rock back on L
5,6 Making 1/4 right step R to right side, Hold keeping L toe in place to side
7,8 Making 1/4 left step fwd on L, Making 1/2 left step back on R

1/2 Shuffle Step Pivot 1/4 Behind Side Across Side Hold

9&10 Making 1/2 left shuffle fwd L,R,L
11,12 Step fwd on R, Pivot 1/4 left transferring wt to L
13&14 Step R behind L, Step L to left, Step R across L
15,16 Step L to left, Touch/Hold R toe to right

& Across Side Side Touch & Across Side 1/4 Coaster

&17,18 Step R beside L, Step L across R, Step R to right
19,20 Step L to left, Touch R toe to right side
&21,22 Step R beside L, Step L across R, Step R to right
23&24 Making 1/4 left step back on L, Step R beside L, Step fwd on L (1/4 coaster)

Toe Strut Fwd 1/4 Shuffle Back 1/2 Shuffle Fwd Step Pivot 1/2

25,26 R toe strut fwd
27&28 Turn 1/4 right and shuffle straight back L,R,L
29&30 Making 1/2 right shuffle fwd R,L,R
31,32 Step fwd on L, Pivot 1/2 right transferring wt to R (9 o'clock)

Step Fwd 1/2 Turn 1/2 Shuffle, Full Turn & Rock Fwd Back

33,34,35&36 Step fwd on L, Making 1/2 left step back on R, Making 1/2 left shuffle fwd L,R,L
37,38& Making 1/2 left step back on R, Making 1/2 left step fwd on L, Step R beside L
39,40 Rock/step fwd on L, Rock back on R

Step Back Drag & Rock Fwd Back, 1/2 Shuffle Step Pivot 1/4

41,42,&43,44 Step back on L, Drag R heel back, Step R beside L, Rock/step fwd on L, Rock back on R
45&46, 47,48 Making 1/2 left shuffle fwd L,R,L Step fwd on R, Pivot 1/4 left transferring wt to L

Fwd 1/2 Step Behind 3/4 Turn Reverse Paddles Across 1/4 Turn 1/2 Shuffle

49,50 Step fwd on R making 1/2 left, Step L across/behind R
&51&52 Turn R foot 1/4 left, Return wt to L (still behind R), Turn R foot 1/2 left, Step L beside R
53,54,55&56 Step R across L, Making 1/4 right step back on L, Making 1/2 right shuffle fwd R,L,R

Step Sweep Step Sweep 1/4 Turn Hips Bumps 1/4 Turn Touch

57,58,59,60 Step L across R, Sweep R across L, Step R across L, Sweep L fwd
61&62,63,64 Step L fwd 1/4 right bumping hips left x2, Step R back 1/4 left, Touch L beside R

*There is an 8 count tag at the end of walls 2 and 4

Side Together Fwd Touch Side Together Back Touch

1,2,3,4 Step L to left, Step R beside L, Step fwd on L, Touch R beside L
5,6,7,8 Step R to right, Step L beside R, Step back on R, Touch L beside R

Feel free to use your arms for expression in this dance..... Enjoy!
See you on the floor sometime.... Jan

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