

The Feathers

拍數: 32 牆數: 2 級數: Improver
編舞者: Phil Ashcroft (UK) & Roz Chaplin (UK) - May 2012
音樂: Toss the Feathers - The Corrs : (CD: Dreams the Ultimate)



32 Count Intro

CROSS SHUFFLE, ROCK RECOVER, CROSS SHUFFLE, ROCK RECOVER

1&2 Cross right over left, step left to left side, cross right over left
3-4 Rock left to left side, recover onto right
5&6 Cross left over right, step right to right side, cross left over right
7-8 Rock right to right side, recover onto left

SAILOR STEP, SAILOR ¼ TURN, HEEL & HEEL, SHUFFLE FORWARD

1&2 Cross right behind left, step left to left side, step right in place
3&4 Cross left behind right, ¼ turn left stepping right beside left, step left to left side (9)
5& Touch right heel forward, step right beside left
6& Touch left heel forward, step left in place
7&8 Step right forward, step left beside right, step right forward

CROSS ROCK, WEAWE, CROSS, ROCK, WEAWE

1-2& Cross rock left over right, recover onto right, step left to left side
3&4& Cross right over left, step left to left side, cross right behind left, step left to left side
5-6& Cross rock right over left, recover onto left, step right to right side
7&8& Cross left over right, step right to right side, cross left behind right, step right to right side

CROSS ROCK, ¼ SHUFFLE TURN, POINT & POINT & WALK, WALK

1-2 Cross rock left over right, recover onto left
3&4 Make ¼ left, close right beside left, step left forward (6)
5& Point right to right side, step right beside left
6& Point left to left side, step left beside right
7-8 Walk forward on right, walk forward on left
