

# Time And Distance

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Marie Sørensen (TUR) - May 2012  
音樂: Time and Distance - Tanya Tucker : (iTunes)



## Intro: 16 Counts

### Chasse Right, Hold, Cross Rock Left, recover, ¼ turn Left, Hold

1-2            Step Right to Right side, step Left beside Right  
3-4            Step Right to Right side, hold  
5-6            Cross Rock Left over Right, recover  
7-8            ¼ Turn Left, Step Fwd. Left hold (Facing 9 O` Clock)

### Triple Full Turn (On the spot) Left, Hold, Rock Fwd. Left, Recover, Step back, sweep Right

1-2            1/2 turn Left, step Right back, Step Left beside Right  
3-4            ½ turn Left, step Fwd. Right, Hold  
5-6            Rock Fwd. Left, recover  
7-8            Step Back Left, Sweep Right around & back (Facing 9 O` Clock)

### Restart the dance here during wall 8

### Step Right behind, Hold, Step Left behind, Hold, Chasse ¼ turn Right, Hold

1-2            Cross Right behind Left, Hold  
3-4            Cross Left behind Right, Hold  
5-6            Step right to Right side, Step Left beside Right  
7-8            ¼ turn Right, Step Fwd. Right, Hold (Facing 12 O` Clock)

### Cross Rock Left, recover, ¼ turn Left, Hold, Triple Full Turn Left, Touch

1-2            Cross Rock Left over Right, recover  
3-4            ¼ Turn Left, Step Fwd. Left hold  
5-6            1/2 turn Left, step Right back, ½ turn Left, Step Fwd. Left  
7-8            Touch Right beside Left, Hold (Facing 9 O` Clock)

There is a easy Restart during wall 8, after 16 Counts (Facing 12 O` Clock)  
Do a hold, instead of sweep on Count 16 – Start the dance from the beginning.

Have Fun!

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