

# Mambo 101

**COPPER KNOB**  
STEPSHETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Tami Smith (USA) - May 2012  
音樂: Mambo No.5 - Lou Bega



---

## MAMBO FORWARD, HOLD- MAMBO BACK, HOLD

1-4      Rock right forward, recover left, step right next to left, hold  
5-8      Rock left back, recover right, step left next to right, hold

## MAMBO RIGHT, HOLD- STEP TOGETHER STEP, TOUCH

1-4      Rock right to right side, recover left, step right next to left, hold  
5-8      Step left to left side, step right next to left, step left to left side, touch right next to left

## CROSS MAMBO, ¼ TURN STEP- SHUFFLE FORWARD, HOLD

1-4      Cross right over left, recover left, ¼ turn right step right, hold  
5-8      Step left forward, step right to left, step left forward, hold

## MAMBO ¼ TURN STEP- SHUFFLE FORWARD, HOLD

1-4      Rock forward right, recover left, ¼ turn right step right, hold  
5-8      Step left forward, step right to left, step left forward, hold

## START AGAIN

**RESTART:** At the beginning of wall 14 do steps 1-8 and start over.

Contact: [tami@getinlineanddance.com](mailto:tami@getinlineanddance.com)

---