

Mother How Are You Today

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拍數: 48 牆數: 4 級數: Improver
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音樂: Mother, How Are You Today? - Maywood



CROSS, SIDE ROCK, CROSS, SIDE ROCK, BASIC FORWARD, BASIC BACK

1 2 3 L cross over R, R rock side, recover on L
4 5 6 R cross over L, L rock side, recover on R
7 8 9 Step L forward, step R together, step L together
10 11 12 Step R back, step L together, step R together

BASIC FORWARD TURN ¼ L, BASIC BACK, STEP FORWARD, CROSS FORWARD(SWEEP), TOUCH, HOLD(2X)

1 2 3 Step L forward, ¼ turn R step R together, step L together
4 5 6 Step R back, step L together, step R together
7 8 9 Step L forward, R sweep from back to front, R cross over L
10 11 12 Touch L to left side, hold, hold

Restart : On the 2nd and 5th wall (After count 24)

SIDE, DRAG, TOUCH, SIDE FULL TURN R, TWINKLE, TWINKLE

1 2 3 Step L to side, drag R next to L, touch R beside L (weight on L)
4 5 6 ¼ turn R step R forward, ½ turn R step L behind, ¼ turn R step R side
7 8 9 L cross over R, step R to right, step L in place
10 11 12 R cross over L, step L to right, step R in place

BASIC FORWARD, BASIC BACK ½ TURN L, BASIC FORWARD, STEP BEHIND, TOUCH, HOLD

1 2 3 Step L forward, step R together, step L together
4 5 6 Step R back, ½ turn L step L together, step R together
7 8 9 Step L forward, step R together, step L together
10 11 12 Step R behind, touch L to left side, hold

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Last Revision - 8th June 2012