

# Take It Off

**COPPER KNOB**  
BY STEPHEN HETS

拍數: 64      牆數: 4      級數: Improver / Easy Intermediate  
編舞者: Karen Kennedy (SCO) - May 2012  
音樂: Take It Off - Joe Nichols : (CD: It's All Good)



**Intro 16 counts - start on vocals**

## **CROSS STEP, SIDE, SAILOR STEP, CROSS STEP, SIDE, 1/4 SAILOR TURN**

1 -2      Cross step left over right, step right to side  
3&4      Cross left behind right, step right to side, step left to side  
5 -6      Cross step right over left, step left to side  
7&8      Cross right behind left turning 1/4 right, step right to side, step left to side

## **ROCK FORWARD, RECOVER, LEFT LOCK BACK, ROCK BACK, RECOVER, KICK BALL CHANGE**

1 -2      Rock forward on left, recover on right  
3&4      Step left back, lock right in front of left, step left back  
5 -6      Rock back on right, recover on left  
7&8      Kick right forward, step on ball of right, step left forward

## **ROCK FWD, RECOVER, FULL TRIPLE TURN, ROCK FORWARD, RECOVER, COASTER STEP**

1 -2      Rock forward on right, recover on left  
3&4      Full triple turn right- right,left,right or right coaster step \* Restart wall 3  
5 -6      Rock forward on left, recover on right  
7&8      Step back on left, step back in right, step forward on left

## **1/2 PIVOT, SHUFFLE FORWARD, CROSS STEP, SIDE, LEFT SAILOR HEEL, HOLD, STEP BACK**

1 -2      Step forward on right, pivot 1/2 turn left  
3&4      Step forward on right, step left beside right, step right forward  
5&      Cross left over right, step right to side  
6&7      Cross left behind right, step right to side, touch left heel to diagonal  
8&      Hold, step left back in place

## **CROSS STEP, SIDE, RIGHT SAILOR HEEL, HOLD,STEP BACK, ROCK FORWARD, RECOVER**

1&      Cross right over left, step left to side,  
2&3&      Cross right behind left, step left to side, touch right heel to diagonal  
4&      Hold, step right back in place  
5 -6      Rock forward on left, recover on right  
7&8      Full triple turn left - left, right, left or left coaster step

## **ROCK FWD, RECOVER, 3/4 TURN SHUFFLE, ROCK , RECOVER, LEFT LOCK BACK**

1 -2      Rock forward on right, recover on left  
3&4 3      /4 shuffle turning right - right, left, right  
5 -6      Rock forward on left, recover on right  
7&8      Step back on left, lock right in front of left, step left back

## **RIGHT LOCK BACK, BACK ROCK, RECOVER, LEFT KICK BALL STEP, LEFT SHUFFLE**

1&2      Step right back, lock left in front of right, step back on right  
3 -4      Rock back on left, recover on right  
5&6      Kick kick left forward, step left ball back in place, step right forward  
7&8      Step left forward, step right beside left, step left forward

## **1/4 PIVOT LEFT, RIGHT KICK BALL STEP, ROCK FORWARD, RECOVER, FULL TRIPLE**

- 1 -2 Step forward on right, pivot 1/4 turn left
- 3&4 Kick right forward, step right ball back in place, step left forward
- 5 -6 Rock forward on right, recover on left
- 7&8 Full triple turn - right, left, right, or right coaster step

**START AGAIN**

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