

# That's Alright Mama

**COPPER KNOB**  
STEPPERS

拍數: 40      牆數: 2      級數: Improver  
編舞者: Mal Jones (UK) - May 2012  
音樂: That's Alright Mama - Alan Gregory



Music available as free download at: [www.alangregory.me.uk](http://www.alangregory.me.uk)

## **FORWARD MAMBO, BACK LOCK STEP, BACK MAMBO, FORWARD LOCK STEP.**

1 & 2      Rock forward on right. Recover on Left. Step Right beside Left.  
3 & 4      Step back on Left. Cross Right over Left. Step back on Left.  
5 & 6      Rock back on Right. Recover on Left. Step forward on Right.  
7 & 8      Step forward on Left. Cross right behind left. Step forward on left.

## **STEP ¼, CROSS SHUFFLE, FORWARD ROCK, ¼ COASTER TURN.**

1, 2      Step forward on Right. Pivot ¼ turn Left.  
3 & 4      Cross Right over Left. Step Left to Left side. Cross Right over Left.  
5, 6      Rock forward on Left. Recover on Right.  
7 & 8      Sweep Left foot from front to back making ¼ turn Left step back on Left. Step back on Right.  
Step forward on Left.

## **SIDE TOGETHER FORWARD, SHUFFLE FORWARD, ROCK RECOVER, RIGHT ½ SHUFFLE.**

1 & 2      Step Right to Right side. Step Left next to Right. Step forward Right.  
3 & 4      Step forward on Left. Step Right next to Left. Step forward on Left.  
5, 6      Rock forward on Right. Recover on Left.  
7 & 8      Right shuffle making ½ turn Right stepping Right. Left. Right .

## **TOE HEEL STEP, SHUFFLE FORWARD, ROCK RECOVER, LEFT ½ SHUFFLE.**

1 & 2      Touch toes of Left foot, with toes turned in towards right instep . Touch heel of Left foot forward. Step and place left foot forward.  
3 & 4      Right shuffle forward stepping. Right. Left. Right.  
5, 6      Rock forward on Left. Recover on Right.  
7 & 8      Left shuffle making ½ turn Left stepping Left. Right. Left.

## **SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, BEHIND SIDE STEP.**

1, 2      Side rock on Right. Recover on Left.  
3 & 4      Cross right over Left. Step Left to Left side. Cross Right foot over Left.  
5, 6      Side rock on Left. Recover on Right.  
7 & 8      Cross Left behind Right. Step Right to Right side. Step forward on Left.