

Swingin

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver / Intermediate
編舞者: Jodie Lavinia Cope (UK) - April 2012
音樂: Swingin' - LeAnn Rimes



(1-8) Touch, Touch, Kick, Cross, Rock Back, recover, Step forward, Rock forward, Recover, Step back, Step back, Lock, Step back

1 & Touch left to left side(1), Touch left next to right(&)
2 & Kick right foot forward(2), Cross right over left(&).
3 & Rock back on left(3), Recover weight onto right(&),
4 Step forward on left(4),
5 – 6 Rock forward on right(5), Recover weight onto left(6)
7 & Step back on right(7), Step back on left foot(&),
8 & Lock right over left(8), Step back on left(&)

(9-16) Heel & Step, Right shuffle, Cross, Back, ¼, Cross,

1 & Touch right heel forward(1) Step right next to left(&),
2 – 3 Step forward on left(2), Step forward on right(3),
& 4 Step left next to right(&), Step forward on right(4),
5 – 6 Cross left over right(5), Step back on right(6)
7 – 8 Make a ¼ turn left stepping left to left side(7)(9:00), Cross right over left(8),

(17-24) Side shuffle, Rock back, Recover, ¼, ¼, Right shuffle forward

1 & 2 Step left to left side(1), Step right next to left(&), Step left to left side(2),
3 – 4 Rock right behind left(3) Recover weight onto left(4),
5 – 6 Make a ¼ turn left stepping back on right foot(5)(6:00), Make a ¼ turn left stepping left to left side(6)(3:00),
7 & 8 Step forward on right(7), Step left next to right(&), Step forward on right(8),

(25-32) Cross, Back, ¼ cross, Side, Right coaster step, ½ turn, together.

1 – 2 Cross left over right(1), Step back on right(2),
& 3 Make ¼ turn left stepping left to left side(&)(12:00), Cross right over left(3),
4 Step left to left side(4),
5 & 6 Step back on right(5), Step left next to right(&), Step forward on right(6),
7 – 8 Pivot ½ turn right stepping back on left(7)(6:00), Step right next to left(8),

Count in – 17 counts – begin on vocals “theres a little boy”

Contact – Jodie lavinia cope – stokesjodie10@hotmail.co.uk