Green Mambo



拍數: 32 編數: 2 級數: Improver

編舞者: Margaret Swift (UK) - April 2012

音樂: Groen Mamba - Jak De Priester: (Album: Groen Mamba)



Intro: 16 Slow Count (Start on Second Verse) 12 Secs

Info: 1 Tag – 1 Restart

This dance is dedicated to the Sunflower Fund (Bandana Day) South Africa.

Section 1: Prissy Walk X4. Paddle Turn X4.

1 – 2	Walk forward right, (crossing right over left). Walk forward on left, (crossing left over right)
3 – 4	Walk forward right, (crossing right over left). Walk forward on left, (crossing left over right)
5&6&	Step forward on right. Pivot ¼ turn left. Step forward on right. Pivot ¼ turn left.
7&8&	Step forward on right. Pivot ¼ turn left. Step forward on right. Pivot ¼ turn left.

Section 2: Right Mambo. Back Lock Back. Coaster Step. Side Rock Step.

1 &2	Rock forward on right. Recover on left. Close left next to right.
3 &4	Step back on left. Lock right over left. Step back on left.
5 &6	Step back on right. Step left next to right. Step forward on right.
7 &8	Rock left to left side. Recover on right. Step forward on left.

Section 3: Rock Recover ½ Turn. Side Rock Cross. Weave Right. Side Rock Cross.

1 &2	Rock forward on right. Recover on left. Turning ½ over right shoulder step forward right.
3 &4	Rock left to left side. Rock back on right. Cross left over right. Restart Here Wall 8
5&6&	Step right to right side. Cross left behind right. Step right to right side. Cross left over right.
7 &8	Rock right to right side. Recover on left. Cross right over left.

Section 4: Rumba Box. Coaster Step. Side Rock Touch.

1 &2	Step left to left side. Close right next to left. Step forward on left.
3 &4	Step right to right side. Close left next to right. Step back on right.
5 &6	Step back on left. Close right next to left. Step forward on left.
7 &8	Rock right to right side. Recover on left. Touch right next to left.

Tag: At the end of wall 2 facing 12 O'clock.

Bump Hips Right & Left. Then restart from beginning.

Restart:. On wall 8. You will be facing 6 O'clock.

Dance up to Section 3 Rock Recover ½ Turn. Side Rock Cross.

Then restart from beginning.

Thanks to 'Shirley De Jong' from South Africa for suggesting the music.

'Groen Mamba' by 'Jak De Priester' is available from: - Itunes. Amazon or Kalahari.com.

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