

Already Know

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Dwight Meessen (NL) - May 2012
音樂: Good Girl - Carrie Underwood



Info: Start From Singing

Touch Forward, Touch Side, Shuffle Back, Touch Back, Touch Side, Shuffle Forward

- 1 RF Touch Forward (Right)
- 2 RF Touch Side
- 3 RF Step Back
- & LF Close Next To RF
- 4 RF Step Back
- 5 LF Touch Back, Behind RF
- 6 LF Touch Side (left)
- 7 LF Step Forward
- & RF Close Next To LF
- 8 LF Step Forward

Pivot Left, Shuffle Forward, Full Turn Forward(Right), Shuffle Forward

- 1 RF Step Forward
- 2 R+L ½ Turn Left(6:00)
- 3 RF Step Forward
- & LF Close Next To RF
- 4 RF Step Forward
- 5 LF Step ½ Turn Forward(Right) (or Step Forward)
- 6 RF Step ½ Turn Forward(Right)(or step Forward)
- 7 LF Step Forward
- & RF Close Next To LF
- 8 LF Step Forward

Rock Forward, Recover, Coaster Step, Rock Forward, Recover, Coaster Step

- 1 RF Rock Forward
- 2 LF Recover Weight
- 3 RF Step Back
- & LF Step Together
- 4 RF Step Forward
- 5 LF Rock Forward
- 6 RF Recover Weight
- 7 LF Step Back
- & RF Step Together
- 8 LF Step Forward

Rock Forward, Recover, Shuffle ½ Turn, ¼ Turn Right, Cross Shuffle

- 1 RF Rock Forward
- 2 LF Recover Weight
- 3 RF ½ Turn back, Step Forward(right)(12:00)
- & LF Close Next To RF
- 4 RF Step Forward
- 5 LF Step Forward
- 6 L+R ¼ Turn Right (3:00)
- 7 LF Cross Over RF

& RF Close Behind LF
8 LF Cross Over RF

Side Rock, Recover, Behind, Side, Cross, Side Rock, Behind, ¼ Turn Step Forward, Step Forward

1 RF Rock Right Out To Right Side
2 LF Recover Weight
3 RF Cross Behind LF
& LF Step Side(Left)
4 RF Cross Over LF
5 LF Rock Left Out To Left Side
6 RF Recover Weight
7 LF Cross Behind RF
& RF ¼ Turn Right, Step forward (6:00)
8 LF Step Forward

Shuffle Forward, Pivot Right, Step Forward, ½ Turn Left(Step Back), Shuffle ½ Turn Left,

1 RF Step Forward
& LF Close Next To RF
2 RF Step Forward
3 LF Step Forward
4 L+R ½ Turn Right(12:00)
5 LF Step Forward
6 RF ½ Turn Left, Step Back
7 LF ½ Turn Left, Step Forward
& RF Close Next To LF
8 LF Step Forward

Heel, Hold, &, Heel, Hold, &, Rock Forward, Rock Back

1 RF Touch Right Heel Forward
2 Hold
& RF Step on Position
3 LF Touch Right Heel Forward
4 Hold
& LF Step On Position
5 RF Rock Forward
6 LF Recover Weight
7 RF Rock Back
8 LF Recover Weight

Pivot Left, Step Forward, ¼ Turn Right, Pivot Right, Step Forward

1 RF Step Forward
2 R+L ½ Turn Left(6:00)
3 RF Step Forward
4 LF Step Forward
5 L+R ¼ Turn Right(9:00)
6 LF Step Forward
7 L+R ½ Turn Right((3:00)
8 LF Step Forward

Restart: During Wall 3 After 16 Counts, Start Again With Count 1

Enjoy Dancing!
