

Turn Up The Heat

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Anne Herd (AUS) - September 2011
音樂: For Your Entertainment - Adam Lambert : (CD: For Your Entertainment - Deluxe Version - iTunes)



Start dancing on lyrics. - No Tags or Restarts

Side Shuffle, Rock, Replace, Side Shuffle, Rock Replace

1&2-3-4 Step R to side, step L together, step R to side, rock L back, replace weight to R
5&6-7-8 Step L to side, step R together, step L to side, rock R back, replace weight to L

Shuffle forward, Pivot ½, Shuffle forward, Pivot ¼.

1&2-3-4 Shuffle forward stepping RLR, Stepping onto L foot, Pivot ½ R
5&6-7-8 Shuffle forward stepping LRL, Step onto R, turning ¼ L

Cross Point, Cross Point. Out, Out, In, In

1-2-3-4 Cross R over L, Point L to side, Cross L over R, Point R to side
5-6-7-8 Step forward onto R heel at 45 degree angle, Step forward onto L heel at 45 degree angle.
Step R back, Step L back

¼, Turn, Out, Out, In, In, Step ¼, Hip Bumps, Flick

1-2-3-4 Turning ¼ R, step forward onto R heel at 45 degree angle, Step forward onto L heel at 45 degree angle. Step back R, Step back L
5-6-7-8 Turning ¼ L, Step onto R whilst bumping hips, R .R .R. Flick L Foot Behind R knee as you bump hips L

Restart dance in new direction

Ending: To end the dance, at count 29 bump hips all the way L to the front and flick L foot behind R knee

Line Dancing. You can't help but love it

Contact - Email: anneherd@bigpond.com- Mobile: 0428693501