

Missing You

拍數: 40
編舞者: Carly Best (NZ) - April 2012
音樂: Missing You - Jonah's Road

牆數: 2

級數: Improver / Intermediate



Intro: Dance starts after the 16 strong beat intro. Begin with weight on left foot.

[1-8] ¼ Right , ½ Right , ½ Shuffle Right*, Sway Forward, Sway Back , ¼ Left Sailor Step

- 1, 2, 3 & 4 Turn 1/4 right and step Right forward, turn ½ right and step Left back, turn ½ right and step Right forward, step onto Left beside Right, step Right forward. (3.00)
- 5, 6, 7& 8 Step/sway Left forward slightly to the left diagonal swaying Left hips forward as you do so, recover/sway back onto Right swaying Right hips back as you do so, cross Left behind Right, turn ¼ left and step Right to right side, step Left to left side. (12.00)

[9-16] Cross, ¼ Right, ¼ Right, Cross Shuffle, ¼ Left, ½ Left, Step Forward, Touch**

- 1, 2, 3, 4& 5 Cross Right in front of Left, turn ¼ right and step Left back, turn ¼ right and step Right to right side, cross Left in front of right, step Right to right side, cross left over right. (6.00)
- 6, 7, 8 Turn ¼ left and step Right back, turn ½ left and step Left forward, touch Right beside Left. (9.00)

[17- 24] Step Back, Sailor Step, Step Behind, ¼ Left, Touch Forward, Cross, Point, ¼ Left

- 1, 2& 3, 4 Step Right back towards right diagonal, step Left behind Right, step Right beside Left, step Left to left side, step Right behind Left.
- 5, 6& 7, 8 Turn ¼ left and Left forward, touch Right forward to the right diagonal, cross Right over in front of Left with heel of Right against toes of Left, point Left back towards left diagonal, keeping weight on right, turn ¼ left on ball of Right and keeping Left pointed forward to left diagonal. (3.00)

[25- 32] Coaster Back, Shuffle Forward*, ¼ Pivot Right, Cross, Side, Behind.

- 1& 2, 3& 4 Step Left back, step onto Right beside Left, step Left forward. Step Right forward, step onto Left beside Right, step Right forward.
- 5, 6, 7& 8 Step Left forward, turn ¼ Right on balls of both feet transferring weight onto the Right, cross Left over in front of Right, step Right to right side, cross Left behind Right. (6.00) ## Restarts occur here on walls 2 & 5 ##

[33- 40]Back Sweep, Back- Lock-Back, ½ Right, ½ Pivot Right, Shuffle Forward*.**

- 1, 2& 3, 4 Sweep Right from front to back and step back onto Right, step Left back, cross Right over in front of Left, step Left back, turn ½ right and step Right forward.
- 5, 6, 7& 8 Step Left forward, turn ½ right on balls of both feet transferring weight to Right, step Left forward, step onto Right beside Left, step Left forward (6.00)

For an Intermediate level dance...

* Replace shuffle with a triple step full turn to the right.

** Replace cross shuffle with triple step full turn to the left (Cross left over right, ½ turn left step on to right, ½ turn left cross step left over right)

*** Replace shuffle with triple step full turn to the left.