

Nothin' Without You

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Anne Herd (AUS) - December 2008
音樂: You - Wes Carr : (Single)



Start dancing on lyrics

STEP FORWARD & HIPS

&1&2 Step right forward & bump hips twice to right
3&4 Step left forward & bump hips twice to left
5-8 Repeat last four counts

FORWARD, BACK, COASTER STEP

9-12 Rock right forward, step left back, step right back, left together and right forward (coaster step)
13-16 Rock left forward, step right back, step left back, right together and left forward (coaster step)

STEP PIVOT ¼, CROSS SHUFFLE

17-18 Touch right forward, pivot ¼ left
19&20 Crossing chassé right, left, right

SIDE ROCK, BEHIND & CROSS

21-22 Rock left to side, rock right to side
23&24 Cross left behind right & step right to side, cross left over right

ROCK, FORWARD, ½ TURN, SHUFFLES, STEP, HOLD

25-26 Rock right forward, step left back
27&28 ½ Turn right, chassé forward, right, left, right
29&30 Chassé forward left, right, left (if you want, a full triple turn stepping right, left, right, can be done in place of the right shuffle)
31-32 Step right forward, hold

REPEAT

RESTART: On wall 3, dance only to beat 16, then restart the dance

This dance is for Kath McManamon.

Thanks Kath for suggesting this music and your invaluable help with the dance.