

Dancing Cowboy

拍數: 64 牆數: 4 級數: Improver
編舞者: Adrienne Hart (USA) - April 2012
音樂: Sugar Daddy - The Bellamy Brothers : (slow)
或: Dancin' Cowboys - The Bellamy Brothers : (fast)



TOUCH RIGHT TOE FORWARD, TOUCH SIDE, TRIPLE STEP, TOUCH LEFT TOE FORWARD, SIDE, TRIPLE STEP

1-2 Touch right toe forward, touch right to to the right side
3&4 Triple step R L R
5-8 Touch left to forward, Side, Triple step L R L

HIP BUMPS (R L R L)

1-2 Bump right hip to right, bump left hip left
3-4 Bump right hip to right, bump left hip left

TOUCH RIGHT TOE FORWARD, SIDE, TRIPLE STEP, TOUCH LEFT TOE FORWARD, SIDE, TRIPLE STEP

1-2 Touch right toe forward, touch right to to the right side
3&4 Triple step R L R
5-8 Touch left to forward, Side, Triple step L R L

SHIMMY RIGHT, SHIMMY LEFT

1-2-3-4 Right out to right side {body slightly down} (1,2,3), Touch left next to right
5-6-7-8 Left out to left side {body slightly down} (1,2,3), Touch right next to left

KICK, BALL, CHANGE, KICK, BALL, CHANGE

1&2 Kick right forward, step right ball next to left, step left next to right
3&4 Kick right forward, step right ball next to left, step left next to right

VINE RIGHT W/TOUCH, VINE LEFT WITH TOUCH

1-2-3-4 Step right to right side, step left behind right, step right to right, touch left next to right
5-6-7-8 Step left to left side, step right behind left, step left to left, touch right next to left

ROCK FORWARD, ROCK BACK, COASTER STEP, ROCK FORWARD, ROCK BACK, COASTER STEP

1-2 Rock right forward, rock left back
3&4 Step right back, step left next to right, step right forward
5-6 Rock left forward, rock right back
7&8 Step left back, step right next to left, step left forward

SHUFFLE FORWARD, STEP FORWARD, PIVOTE 1/2R, SHUFFLE FORWARD, STEP FORWARD, PIVOT 1/2L

1&2 Step right forward, close left next to right, step right forward
3-4 Step left forward, pivot ½ right weight to right
5&6 Step left forward, close right next to left, step left forward
7-8 Step right forward, pivot ½ left weight to left

JAZZ BOX 1/4R, JAZZ BOX IN PLACE

1-2-3-4 Step right across left, step left back, step right ¼ to right, step left next to right
5-6-7-8 Step right across left, step left back, step right to right side, step left next to right

REPEAT

Laughter is a tranquilizer with no side effects.

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