

For Ziva

拍數: 48 牆數: 2 級數: Beginner / Improver - waltz
編舞者: Kathryn Rowlands (WLS) - April 2012
音樂: Somebody Loves You - Scooter Lee : (CD: The Best of Scooter Lee)



WITH JOY AT YOUR BIRTH! {Love from Nain xx}

[1-6] Step forward and point; turn and point

1-3 Step left foot forward, point right foot to right side
4-6 Step back on right foot making a ¼ turn left, point left foot to left side (9:00)

[7-12] Left and right cross rock steps

1-3 Rock left foot across right foot, rock right foot back, step left foot beside right
4-6 Rock right foot across left foot, rock left foot back, step right foot beside left

[13-18] Basic waltz forward and back

1-3 Step left foot forward, step right foot beside left foot, step left foot beside right foot
4-6 Step right foot back, step left foot beside right foot, step right foot beside left foot

[19-24] Weave, sways

1-3 Step left foot across right, step right foot to right side, step left foot behind right
4-6 Step right foot slightly to right side and sway right, left, right

[25-30] Turn and point, step and point

1-3 Step forward on left foot, making ¼ turn left, point right foot to right side
4-6 Step right foot back, point left foot to left side (6:00)

[30-36] Left and right twinkle steps

1-3 Step left foot across right foot, step right foot beside left, step left foot beside right
4-6 Step right foot across left foot, step left foot beside right, step right foot beside left

[37-42] Basic waltz forward and back

1-3 Step left foot forward, step right foot beside left foot, step left foot beside right foot
4-6 Step right foot back, step left foot beside right foot, step right foot beside left foot

[43-48] Weave, step and drag

1-3 Step left foot across right, step right foot to right side, step left foot behind right
4-6 Long step to right on right foot, drag left foot next to right, keeping weight on right foot (6:00)

Begin again.

Contact: kathr@phylbern.org.uk

Last Revision - 19th February 2013
