

With Boys

COPPERKNOB
STEPSHEETS

拍數: 96

牆數: 4

級數: Phrased Intermediate - Bossa Nova style



編舞者: Nathalie Lagache (FR) - March 2012

音樂: Driving In Cars With Boys - Lana Del Rey

Start : dance begins on vocals (after 32 counts) – Sequence: A A B C C tag A B C C A C C C

PATERN A – 32 counts

[1 - 8] Side, Behind, ball, Cross, Rock, Recover, Behind, Side, Cross, Stomp down

- 1 R on Right side
- 2&3 L cross behind R, recover weight onto R, L cross over R
- 4 – 5 Rock on the Right side with R, recover onto L
- 6&7 R cross behind L, L on Left side, R cross over L
- 8 Stomp with L next to R

[9 - 16] Step fwd, Hold, Step fwd ¼ turn, Cross, Hold, Rock, Recover

- 1 – 2 R forward, hold
- 3 – 4 R fwd, ¼ turn on the Right 3 :00
- 5 – 6 L cross over R, hold
- 7 – 8 Rock on the Right side with R, Recover onto L

[17 - 24] Cross, Mambo ½ turn, Rocking Chair

- 1 Cross R over L
- 2&3 L fwd, ½ turn on the Right, Recover onto R, L fwd 9:00
- 4 R fwd
- 5 – 6 Rock L fwd, Recover onto R
- 7 – 8 Rock L back, Recover onto R

[25 - 32] Side, Slide & Touch, ½ turn Slide & touch x2 ,Kick Ball Change

- 1 -2 L on the Left side, Slide right toes to L & touch
- 3 – 4 ½ turn to Left, R on Right side, Slide left toes to R & touch 3:00
- 5 – 6 ½ turn to Left, L on Left side, Slide right toes to L & touch 9:00
- 7&8 Kick R fwd, R next to L, Recover weight onto L

PATERN B – 32 counts (For a starting facing 6:00)

[1 - 8] Rock recover, Cha-Cha-Cha, Rock, ¼ turn , Recover, Cha-Cha-Cha

- 1 – 2 Rock R on right side, Recover onto L
- 3&4 In place, R L R
- 5 – 6 Rock L on Left side, ¼ turn left, Recover onto R 3:00
- 7&8 In place :L R L

[9 - 16] Jazz Box, Rocking Chair

- 1 - 4 Cross R over L, L back, R together, L next to R
- 5 - 8 Rock R fwd, recover onto L, rock R back, recover onto L

[17 - 24] Rock, Recover, Cha-Cha-Cha, Rock, Recover, Cha-Cha-Cha

- 1 – 2 Rock R on right side, Recover onto L
- 3&4 In place, R L R
- 5 – 6 Rock L on Left side, Recover onto R
- 7&8 In place :L R L

[25 - 32] (Stomp down, Shimmy Shoulders & Slide ,Stomp) x2

- 1 Stomp down with R on right side
- 2&3 Slide left toes next R with Shimmy Shoulders
- 4 Stomp down with L next to R
- &5 Stomp down with R on right side
- 6&7 Slide left toes next R with Shimmy Shoulders
- 8 Stomp up with L next to R

PATERN C – 32 counts (For a starting facing 3 :00)

[1 - 8] 3/8 turn, (Step fwd, Slide & Point) x2, mambo D, Mambo G,

- 1 Pivot 3/8 turn to left (on back left diagonal) , L fwd, 10:30
- 2 Slide R onto L & point
- 3 – 4 L fwd, Slide R onto L & point
- 5&6 Rock in right side, recover L, together R
- 7&8 Rock in left side, recover R, together L

[9 - 16] Mambo fwd, 1/8 turn, Back Mambo, (Step fwd ½ turn)x2

- 1&2 Rock R fwd, recover L, together R
- 3&4 1/8 turn to right, Rock L back, recover on R , together L 12:00
- 5 – 6 R fwd, ½ turn to the left 6:00
- 7 – 8 R fwd, ½ turn to the left 12:00

[17 -24] ¼ turn , Back Shuffle ½ turn, Shuffle fwd, Side, Point, side Pivot ¾ turn

- 1&2 ¼ turn to the left, R back, L next to R, R back 9:00
- 3&4 ½ turn to the left, L fwd, R next to L, L fwd 3:00
- 5 – 6 R on the right side, point L behind R
- 7 – 8 L on the left side, pivot ¾ turn on the right, recover weight onto R 12:00

[25 - 32] Rumba box x2

- 1 – 2 L on left side, R next to L
- 3 – 4 L fwd, touch R next to L
- 5 – 6 R on the right side, L next to R
- 7 – 8 R back step, L next to R

TAG : [1 – 8] Side, clap x3 & Together, Side, Together, clap x3 ; Stomp up

- 1 L on the left side,
- 2&3 Clap x3 & R next to L
- 4 – 5 L on the left side, R next to L
- 6&7 Clap x3
- 8 Stomp up with R

Enjoy it !

L: left foot - R: right foot - fwd : forward

Contact: <http://libres-choregraphes.Jimdo.com>
