Boogie Man

拍數: 48

級數: High Intermediate

編舞者: Bev Carpenter (USA) - November 2011

音樂: Up Jumped the Boogie - The Tractors

TOE STRUTS - TWIST FEET WALKING FWD

- 1-2-3-4 Point Rt. Toe Fwd & To The Right(L)- Step N Place(2)- Point Lf. Toe Fwd & To The
- 5-6-7-8 Lf. (3)- Step 'N Place(4) Twist Fwd R-L-R-L (5-6-7-8)

牆數: 4

SHUFFLE - I/4 LEFT SHUFFLE - STEP, STEP, TURN STEP w/ I/2 turn Rt.

- 1&2-3&4 Rt. Shuffle Fwd (R-L-R)L&2- Pivot L/4 Lf. & Shuffle Lf. Fwd (L-R-L) 3&4
- 5-6-7-8 Step Fwd Rt. & Lf. (5-6)- Pivot L/2 Rt. & Walk Fwd. Rt. & Lf. (7-8) (3:00)

SAILOR STEP WITH KICKS - I/4 TURN KICKS W/ COASTER STEP

- 1-2-3&4 Kick Rt. Fwd(L)- Kick Rt. To Rt.(2)- Step Rt. Behind Lf.(3)-Step Lf. Beside Rt.(&)
- 5-6-7&8 Step Rt. To Side(4)- Kick Lf. Fwd(5)- Kick Lf. Fwd As You Make L/4 Turn Lf.(6)- Lf. Step Back(7)- Step Rt. Beside Lf.(&) Lf. Step Fwd(8) (L2:00)

JUMP FWD & BACK - BUMP HIPS W/HANDS UP

- &1-2, &3-4 Jump Fwd R-L Hold(&L-2)- Jump Back R-L Hold (&3-4)(May Clap W/Holds)
- 5-6-7-8 Bump Hips Rt. 4 X's.....Put Both Hands Up At Lf. About Face High With Fingers Splayed Out To Ward Off Boogie Man.

1/4 LF. TURN - 1/2 TURN - COASTER - ANGLE STEPS W/ HANDS UP

- 1-2-3&4 Lf. Step L/4 Lf.(L)- Make L/2 Lf Pivot Stepping Back On Rt.(2)- Step Lf. Back(3)- Step Rt. Next To Lf. (&)- Step Lf. Fwd (4)
- 5-6-7-8 Step Rt. Diag. Fwd To Rt. & Drag Lf. To Rt.(5-6)- Step Lf. Diag. Fwd To Lf. & Drag Rt. To Lf. (7-8) As You Do These 4 Steps, Splay Your Hands Up To Rt. & Lf. (3:00)

JUMP FWD - PIVOT I/2 LEFT - ROTATE HIPS

- &1-2-&3-4 Jump Fwd R-L Hold (&L-2)- Jump Pivot L/2 Left Or Just Pivot- Hold (&3-4)
- 5-6-7-8 Rotate Hips R-L-R-L (9:00)

Okay, you can start over here but......there is a 24 count s-l-o-w part on the 5th wall after the l6th step. You'll be facing 3:00 - Look Lft. Real slow for 4 cts., look Rt. Real slow for 4 cts. rubbing your arms like your cold.

Make I/2 pivot Rt. & look Lft. For 4 cts., with Rt. Forefinger touching your right temple.

Now make 'ok' sign with rt. Hand moving hand left to right giving OK sign for 4 quick cts.

Now music will start picking back up. Shrug your shoulders up & down slow, then tap your Rt. Heel 4 times in place.

Now the heavy instrumental downbeat will start.

You will be at 9:00 and you will do 32 cts. of the dance.

Then the singing will start and you'll restart the dance at this point again at 9:00.

Dance all the way thru to end.

THIS IS NOT A HARD DANCE; IT IS TRULY A HIGH INTERMEDIATE ONLY.

The movements above will go perfect with the words in the song.

If you can do aabbaca dances, this will be a snap.

Contact: gottadance@rtcol.com

