

My Love On Top

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Ingrid Kan (TW) - April 2012
音樂: Love On Top - Beyoncé



Start after 20 seconds

Press Rock Recover , Kick ball Touch Back x3 (R,L,R)

1-2 Press R forward and slight forward diagonal, Recover weight to L
3&4 Kick R forward (3), step R next to L(&),Touch back L (4)
5&6 Kick L forward (5), step L next to L(&),Touch Back R (6)
7&8 Kick R forward (7), step R next to L(&),Touch back L (8)

L side rock, Recover, L behind, R side, L cross, Side Chasse, Chasse ,Chasse Left With 1/4 Turn

1 – 2 Rock left to left side, recover weight onto right
3 & 4 Cross left behind right, step right to right side, cross left over right
5&6 Step R to R side. Step L next to R. Step R to R side.
7&8 Step L to L side. Step R next to L. Turn 1/4 L step forward on L,

Heel swivel sequence, Coaster step,(L repeat)

1& right toes on the floor swivel right heel out. Swivel right heel in taking weight on right.
2& left toes on the floor swivel left heel out. Swivel left heel in taking weight on left.
3&4 Step back on right. Step back left. Step forward right.
5& left toes on the floor swivel left heel out. Swivel left heel in taking weight on left.
6& right toes on the floor swivel right heel out. Swivel right heel in taking weight on right.
7&8 Step back on left. Step back right, Step forward left

R Step Forward, Heel-Toe-Heel, Heel-Toe-Heel, R Mambo Forward Turn 1/2,Stomp

1 R Step next to L
2&3 Feet together twist both heels to right, both toes to right, both heels to R
4&5 Feet together twist both heels to left, both toes to left, both heels to left (weight on L)
6&7 Rock forward on R, Recover back on L, Turn To R 1/2 Step R Forward
8 Stomp L Together