

Colorful Island

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Phrased High Beginner
編舞者: Janet (Zhen Zhen) Ge (CN) - April 2012
音樂: Mi Ren Dao (迷人島) - Sun Nan (孫楠)



Intro: 4X8 count - (16Sec) - Dance Sequence: AAA/B BBB/AA/B BBB/AA/B BBB/AAA

Part A (32 counts)

[1-8] Hip Walk x2, Fwd, Pivot 1/2 Turn L, Fwd Shuffle

1&2 Step R forward and bumps hips forward, back, forward.
3&4 Step L forward and bumps hips forward, back, forward.
5 6 Step right forward, pivot 1/2 turn left.
7&8 Step right forward, step left next to right, step right forward.

[9-16] Fwd, Pivot 1/2 Turn R, Fwd Shuffle, Cross, Recover, Side, Cross, Recover, Side,

12 Step left forward, pivot 1/2 turn right.
3&4 Step left forward, step right next to left, step left forward.
5&6 Cross right over left, recover on left, step right to right side.
7&8 Cross left over right, recover on right, step left to left side.

[17-24] Side, Hold, Together, Rock, Recover, Cross, Side, Hold, Together, Rock, Recover, Cross

12& Step right to right side (weight on left), hold, step left next to right.
3&4 Rock right to right side, recover on left, cross right over left.
5&6 Step left to left side (weight on right), hold, step right next to left.
7&8 Rock left to left side, recover on right, cross left over right.

[25-32] Twist, Recover, Coast Step, Twist, Recover, Coast Step

1&2 Step right forward & swivel both heel turn R, L, R. (weight ends on L)
3&4 Step right back, step left next to right, step right forward.
5&6 Step left forward & swivel both heel turn L, R, L. (weight ends on R)
7&8 Step left back, step right next to left, step left forward.

Part B (16 counts)

[1-8] Rock, Recover, Back Shuffle, Rock, Recover, Side Shuffle

12 Rock right forward, recover on left.
3&4 Step right back, step left next to right, step right back.
5 6 Rock left back, recover on right.
7&8 Step left to left side, step right next to left, step left to left side.

[9-16] Cross, 1/4 Turn R, 1/4 Turn R Shuffle, Step x2, Fwd Shuffle

12 Cross right over left, 1/4 turn R stepping left back
3&4 1/4 turn R stepping right to right side, step left next to right, step right to right side.
5 6 Step left in place, step right in place
7&8 Step left forward, step right next to left, step left forward.

Have Fun!

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