

Tirtonadi

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Ayu Permana (INA) - April 2012
音樂: Terminal Tirtonadi - Liesta : (Album: K&G / Exclusive Bossanova Jawa III)



Start after 48 counts intro music It would better if doing this dance with small steps

SECTION 1. FORWARD, HOLD, SIDE, TOGETHER, FORWARD, HOLD, SIDE, BACK

1 – 2 Step L forward, hold
3 – 4 Step R to side, step L beside R
5 – 6 Step R forward, hold
7 – 8 Step L to side, step R backward

SECTION 2. (2X) CROSS-BACK-CROSS-TOE TOUCH

1-2-3-4 Cross L over R, step back on R, cross L over R, touch R toe to side
5-6-7-8 Cross R over L, step back on L, cross R over L, touch L toe to side

SECTION 3. COASTER STEP, HOLD, (2X) FORWARD-TURN

1 – 2 Step L backward, step R beside L
3 – 4 Step L forward, hold
5 – 6 Step R forward, ¼ turn left crossing L over left (09.00)
7 – 8 Preparing another ¼ turn left, step R forward, cross L over R (06.00)

SECTION 4. (FORWARD & BACK) MAMBO-KICK

1 – 2 Step R forward, recover on L
3 – 4 Step R beside L, low kick L forward
5 – 6 Step L backward, recover on R
7 – 8 Step L beside R, low kick R forward

*Restart here at wall 3

SECTION 5. (2X) TURN, SIDE, TOGETHER, SIDE, TOE TOUCH

1-2-3-4 1/8 turn right (diagonally, facing 07.30) stepping R to side, step L beside R, step R to side, touch L to side
5-6-7-8 ¼ turn left (facing 04.30) step L to side, step R beside L, step L to side, touch R to side

SECTION 6. COASTER STEP, (LEFT & RIGHT) SIDE-TOE TOUCH

1-2-3-4 1/8 turn right step back on R (facing 06.00), step L beside R, step R forward, hold
5-6-7-8 (Bending both knees, hips swing) Step L to side, touch R toe over L, step R to side, touch L toe over R

For better styling on count 5-6-7-8, place both hands at chest level and do the following style:

(5-6): Left hand in front of right hand. Bring both hands toward left, left palm facing outward and right palm facing inward.

(7-8): Right hand in front of left hand. Bring both hands toward right, right palm facing outward and left palm facing inward.

SECTION 7. BACK STEPS, CROSS, HOLD, FORWARD LOCK STEP, HOLD

1 – 2 Step L backward, step R backward
3 – 4 Cross L over R, hold
5 – 6 Step R forward, cross L behind R
7 – 8 Step R forward, hold

SECTION 8. (LEFT & RIGHT) VINE WITH TOE TOUCH

1-2-3-4 Step L to side, cross R behind L, step L to side, touch R toe beside L

5-6-7-8 Step R to side, cross L behind R, step R to side, touch L toe beside R

REPEAT

RESTART AND TAG:

RESTART: At wall 3, after count 32 and do the following: on count 32: Step R beside L instead of low kick forward

TAG: There are 3 times 6 count tags, at the end of walls 4, 5, and 6

1-2-3-4 (Bending both knees, hips swing) Step L to side, touch R toe over L, step R to side, touch L toe over R

5-6 Step L beside R, step R in place
