Good Girl Go!



拍數: 32 牆數: 4 級數: Improver / Intermediate

編舞者: Donna Manning (USA) - April 2012 音樂: Good Girl - Carrie Underwood



32 count intro - weight on the right foot to prep

Lindy Left, Lindy Right

1&2	Step L to L side, Close ball of R to L, Step L to L side
3, 4	Rock back on R (angle body to 1:30), recover weight to L
5&6	Step R to R side, Close ball of L to R, Step R to R side

7, 8 Rock back on L, recover weight to R

Half Turn R Step Back on L, Step Back R, Cross, Back, Back, Cross, Back, Back, Step, Kick

1, 2	½ Turn R stepping back on L, Step back on R with slight diagonal R
3&4	Cross L over R, Step back on R, Step L back & to L back diagonal

5&6 Cross R over L, Step back on L to back L diagonal, Step R to back R diagonal

7 Step L forward

8& Kick R across L, Step R center next to L

******RESTART: Wall 5 - Replace Kick on 8 with R step forward close to L! Start Again!*******

L Kick, L Kick, L Sailor Step, R Kick, R Kick, R Sailor Step

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1, 2			Kick L across R,	Kick L	out to L side	

3&4 Step L behind R, Small Step R to R side, Step L to L side taking weight

5, 6 Kick R across L, Kick R out to R side

7&8 Step R behind L, Small Step L to L side, Step R to R side taking weight

L Cross Rock, Triple ½ Turn L, ¼ L with Hip Action, Touch

1, 2 Cross L across R, Recover weight to R (prepping top of body to R to assist with turn)

Step L ¼ turn L, Close ball of R to L, Step L ¼ turn L
¼ turn L Stepping R to R side with sway of hips to R

6, 7 Sway hips L, Sway hips R

8 Touch L next to R as you sway hips back to the R

END OF DANCE!!!

Contact: www.dancinfree.com

Last Revision - 7th May 2012