

Embers

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Basic Beginner
編舞者: Kerry Bailey (AUS) - April 2012
音樂: New Flame - Dr. Victor & The Rasta Rebels : (Album: New Flame)



This is a great split floor dance for "Dr.Flame" Written by Kate Sala, Vivienne Scott, Robbie Mc and Fred Buckley

Start Position Feet Together Weight On Left Foot
Intro: 48 Counts

[1 – 8] SIDE, TOGETHER, SIDE, TOUCH , (Or Vine R), POINT FORWARD, SIDE, BACK, TOUCH

1, 2, 3, 4 Step R to Side, Step L Together, Step R to Side, Touch L Together

5, 6, 7, 8 Point L Toe Forward, Point L toe Side, Point L Toe Back, Touch L Beside R

[9 – 16] SIDE, TOGETHER, SIDE TOUCH (Or Vine L), POINT FORWARD, SIDE, BACK TOUCH

1, 2, 3, 4 Step L to Side, Step R Together, Step L to Side, Touch R Together

5, 6, 7, 8 Point R Toe Forward, Point R Toe Side, Point R Toe Back, Touch R Beside L

[17 – 24] HEEL, STEP, HEEL, STEP, HEEL, STEP, HEEL, STEP (on Spot)

1, 2, 3, 4 Touch R Heel Forward, Step on R, Touch L Heel Forward, Step on L

5, 6, 7, 8 Touch R Heel Forward, Step on R, Touch L Heel Forward, Step on L

[25 – 32] ROCKING CHAIR, PADDLE TURN, TOUCH, CLAP

1, 2, 3, 4 Rock on R, Rock back on L, Rock Back on R, Rock Forward on L

5, 6, 7, 8 Step R Forward, Turn ¼ L, Step L to Side, Touch R Beside L, Clap.

[32] REPEAT

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Last Revision - 20th April 2012
