

# Rhythm is Gonna Get You

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32                      牆數: 1                      級數: Beginner  
編舞者: Irene Groundwater (CAN) - April 2012  
音樂: Rhythm Is Gonna Get You - Gloria Estefan : (CD: Greatest Hits)



**Intro: Start on the heavy beats – or on the vocals- on the word NIGHT.**

**[1-8] DIAG FWD, TOG, DIAG FWD, TOUCH, SIDE, TOG, SIDE, TOUCH**

1-2                      R diag forward (1:30), Step L beside R,  
3-4                      R diag forward, (1:30), Touch L Ball beside R instep  
5-6-7-8                Side L, Step R beside L, Side step L, Touch R Ball beside L instep

**[9-16] STOMP, HEEL, HEEL, HEEL, STOMP, HEEL, HEEL, HEEL**

1                        Stomp R to right side  
2-3-4                    Face body left and Lower L Heel - 3 times (face front)  
5                        Stomp L to left side  
6-7-8                    Face body right and Lower R Heel – 3 times (face front)  
(Option – Counts 1 to 4 - Move L Hand shoulder high to the left – 3 times)  
(Option – Counts 5 to 8 – Move R Hand shoulder high to the right – 3 times.)

**[17-24] DIAG BACK, TOG, DIAG BACK, TOUCH, SIDE, TOG, SIDE, TOUCH**

1-2                      R diag back (4:30), Step L beside R  
3-4                      R diag back (4:30), Touch L Ball beside R instep  
5-6-7-8                Side step L, Step R beside L, Side step L, Touch R Ball beside L instep

**[25-32] SWAY, HOLD, SWAY, HOLD, CIRCLE HIPS TWICE TO RIGHT (4 CTS)**

1-2-3-4                Sway R, Hold, Sway L, Hold  
5-6-7-8                (Circle Hips to the right over 2 counts) x 2  
(Option – Counts 5 to 8 – Raise both hand overhead while circling hips to right)

**BEGIN AGAIN**

**TAG – 8 COUNTS (If starting on heavy beats – after 4th dance pattern – If starting on vocals – after 3rd dance pattern) repeating counts 25-32.**

**[1-8] SWAY, HOLD, SWAY, HOLD, CIRCLE HIPS TWICE TO RIGHT (4 CTS)**

1-2-3-4                Sway R, Hold, Sway L, Hold  
5-6-7-8                (Circle Hips to the right over 2 counts) x 2  
(Option – Counts 5 to 8 – Raise both hand overhead while circling hips to right)

**Contact:-**

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