4 On The Floor!



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Sebastiaan Holtland (NL) - April 2012

音樂: Big Love - Eric Saade



32 count intro (16 sec).

Sec 1: [1-8] Stomp Beside	. Low Side Kick.	Together, Hitch	. Syncor	pated Points R-L	Side Rock. Recover.

1-2 Stomp Rf next to Lf, kick Lf low to the left and bending R knee slightly. (12:00)

3-4 Coming up and step Lf next to Rf, hitch R knee up.

5&6& Point Rf out to right, step Rf next to Lf, point Lf out to left, step Lf next to Rf.

7-8 Rock Rf to the right, recover on Lf.

Sec 2: [9-16] ½ R, Side Rock, Recover Step, Point, ½ L with Funky Walks L-R-L, Hold.

&1-2 Turn ½ right (6), rock Rf to the right, recover on Lf.

3-4 Step Rf forward, point Lf out to left.

5-6 Turn ¼ left (3) walk Lf forward, turn 1/8 left walk Rf forward.

7-8 Turn 1/8 left walk Lf forward, Hold. (Option: Do the walks in a little bit funky style). (12:00)

Sec 3: [17-24] Step, ¼ R, Syncopated Side Rock, Recover, Behind, ¼ L, Step, ½ L, Small Jump Back, Lift.

1-2-3 Step Rf forward, turn 1/4 right (3) rock Lf to the left side, recover on Rf.

84-5 Step Lf next to Rf, rock Rf to the right, recover on Lf.
6-7 Step Rf behind Lf, turn ¼ left (12) step Lf slightly forward.
88 Turn ½ left (6) small jump back on Rf, lift R knee up.

Sec 4: [25-32] Back Rock, Recover, Lock Step Fwd, Heels Fwd Fwd, Back, Cross.

1-2 Rock Lf back, recover on Rf.

3&4 Step Lf forward, lock Rf Behind Lf, step Lf forward.

5-6 Step diagonal forward on R heel, step diagonal forward on L heel.

7-8 Step back on Rf, cross Lf over Rf weight onto Lf. (6:00)

Sec 5: [33-40] Side, Knee Pop, Replace, Heel Grind ¼ R, Back, Knee Pop, Back, Heel.

1-2-3 Step Rf to the right, Lf lift heel off the floor as you pop knee forward, drop Lf heel to the floor.

4 Heel grind with Rf (toes from left to right) turn 1/4 turn right (9), step Lf slightly back.

5-6 Step Rf back, Lf lift heel off the floor as you pop knee forward.

7-8 Step Lf back, bring R heel forward weight onto Lf.

1st Restart here WALL 3 after 36 count (Facing 6 o'clock) after start again (facing 3 o'clock). 2nd Restart Here WALL 7 after 36 count (Facing 6 o'clock) after start again (facing 3 o'clock).

Sec 6: [41-48] Back Rock, Recover, ¼ L, Side, Behind, ¼ R, Fwd Rock Recover, Walks Fwd R-L.

1-2 Rock Rf back, recover on Lf.

Turn ¼ left (6) step Rf to the right, step Lf behind Rf.
Turn ¼ right (9) rock Rf forward, recover on Lf.

7-8 Walk Rf forward, walk Lf forward weight onto Lf. (9:00)

Start again and have fun!

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