

Star Shuffle EZ

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Lisa McCammon (USA) - July 2009
音樂: Any evenly phrased track in the 125-130 BPM range



Start weight on L

This is a simplified version of Rick Wilson's 2001 dance

[1-8] TOUCH, TOUCH, TOUCH, TOUCH, HEEL, STEP, HEEL, STEP

1-4 Touch R toes forward, to the right side, back, and to the right side

(This combination is sometimes called a "star")

5-8 Touch R heel forward, step R home; touch L heel forward, step L home

[9-16] TOUCH, TOUCH, TOUCH, TOUCH, HEEL, STEP, HEEL, STEP

1-8 Repeat previous 8

[17-24] BASIC R, TOUCH, BASIC L, TOUCH

1-4 Step R to side, close L, step R to side, touch L

5-8 Step L to side, close R, step L to side, touch R

[25-32] WALK, WALK, STEP, TURN ¼, STEP, TURN ¼, WALK, WALK

1-2 Walk forward R, L

3-6 Step fwd R, turn ¼ L [9] taking wt onto L; repeat turn, ending at [6], wt L

7-8 Walk forward R, L (stop forward momentum in preparation for touches)

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