

Rise 'n Shine

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Johnny Sheehan (UK) - April 2012
音樂: Es Una Lata - Banda Caliente : (CD: Playa Total 8)



Intro...32 Counts

[1-8] Rock-Recover, Triple-Step, Weave R, Point:

1-2 Cross-rock R over L, Recover on L
3&4 Triple-step on the spot R, L, R
5-8 Cross-step L over R, Step R to R side, Step L behind R, Point R to R side

[9-16] Cross, Sweep, Cross, 1/4 Turn L, Chasse L, Rock-Recover:

1-2 Cross-step R over L, Sweep L round from back over R
3-4 Cross-step L over R, Step R back into 1/4 turn L (9)
5&6 Step L to L side, Step L beside R, Step L to L side
7-8 Rock-step R over L, Recover on L

[17-24] Step-Flick, Cross Shuffle, Step X2, Shuffle 1/4 Turn R:

1-2 Step R slightly to R, Flick L back
3&4 Cross-step L over R, Step R to R side, Cross-step L over R
5-6 Step R to R side, Step L behind R
7&8 Shuffle 1/4 turn R stepping R,L,R (12)

[25-32] Step, Pivot 1/2 Turn R, Hips Shakes X2, Kick-Ball-Point:

1-2 Step L fwd, Pivot 1/2 turn R (6)
3&4 Step L fwd shaking hips fwd-back-fwd
5&6 Step R fwd shaking hips fwd-back-fwd (weight ends on R)
7&8 Kick L fwd, Step L in place, Point R to R side

Start again and Enjoy...

Contact: www.modernlinedancing.co.uk