Now I Can Dance

1 - 2

3 - 4

5 - 6

7 - 8

1 - 2

3 - 4

5 & 6

7 - 8

1 - 2

3 - 4

5 - 6

7 - 8

1 - 2

3 - 4

5 - 6

7 - 8

1 - 2

3 - 4

5 - 6

7 - 8

1 - 2

3 - 4

5 - 6

7 - 8

1 - 2

3 - 4

5 - 6

7 - 8

1 - 2

3 - 4

5 - 6



拍數: 80 牆數: 4 級數: Intermediate 編舞者: Carol Bates (UK) - April 2012 音樂: Do You Love Me - The Contours Sec 1: Right tap, kick, cross side, fan toes out, twist heels out, heels in, toes in Tap right toe next to left, kick right forward Step right across left, step left to left side Fan both toes out, twist both heels out Bright both heels to place, bright toes to place Sec 2: Right grapevine ½ turn right, scuff left, left chasse, right back rock, recover Step right to right side, step left behind right Step right to right side, ½ turn right, scuff left foot forward Step left to left side, step right next to left, step left to left side Rock back on right, recover on left Sec 3: 1 1/4 rolling vine right, touch, left toe strut back, right toe strut back Turn ¼ right stepping on right, turn ½ turn right stepping back on left Turn ½ turn right stepping forward on right, touch left next to right Touch left toe back, step down on left Touch right toe back, step down on right Sec 4: Reverse rocking chair, ½ urn left. Hold, full turn left Rock back on left, recover on right Rock forward on left, recover on right Turn ½ turn left stepping forward on left, hold Turn ½ turn left stepping back on right, turn ½ turn left stepping forward on left Sec 5: Weave left, right cross rock recover, step side, hold Cross right over left, step left to left side Step right behind left, step left to left side Cross rock right over left, recover on left Step right to right side, hold Sec 6: Weave right, left cross rock recover, step side, hold Cross left over right, step right to right side Step left behind right, step right to right side Cross rock left over right, recover on right Step left to left side, hold Restart here on wall 2 Sec 7: Right diagonal rock, back rock, step out, out, in, in Rock right foot diagonally forward bump hip forward, recover on left Rock right diagonally back bump hip back, recover on left Step right diagonally forward, step left diagonally forward Step right to place, step left to place Sec 8: Right diagonal rock, back rock, right jazz box

Rock right foot diagonally forward bump hip forward, recover on left

Rock right diagonally back bump hip back, recover on left

Cross right over left, step back on left

7 – 8 Step right to right side, step left next to right

Sec 9: REPEAT SEC 7:

Sec 10: Right rolling grapevine, left rolling grapevine

1 – 2	Turn ¼ right stepping on right, turn ½ turn right stepping back on left
3 – 4	Turn ¼ turn right stepping right to right side, touch left next to right
5 – 6	Turn ¼ left stepping on left, turn ½ turn left stepping back on right
7 – 8	Turn 1/4 left stepping left to left side, touch right next to left

At the end of wall 3 - Repeat sections 7, 8, 9 & 10 then start the dance from the beginning.

Have fun happy dancing