

# Watch Your Back!

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Gaye Teather (UK) - April 2012  
音樂: Watch Your Back - Michael Learns to Rock : (CD: Blue Night.)



**Intro: 32 counts from first beat. (20 seconds). Start dancing just before vocals**

**Dance rotates in CW direction**

**Side stomp. Hold. Together. Cross. Side. Back rock. Chasse Right**

1 – 2      Stomp Right to Right side. Hold  
&3 – 4      Step Left beside Right. Cross Right over Left. Step Left to Left side  
5 – 6      Rock back on Right. Recover onto Left  
7&8      Step Right to Right side. Step Left beside Right. Step Right to Right side

**Cross. Unwind full turn Right. Chasse quarter turn Left. Quarter turn Left with side rock. Together. Side. Drag**

1 – 2      Cross Left over Right. Unwind a full turn Right (weight on Right)  
**(Non-turning option Left cross rock. Recover)**  
3&4      Step Left to Left side. Step Right beside Left. Quarter turn Left stepping forward on Left  
5 – 6      Quarter turn Left rocking Right to Right side. Recover onto Left (Facing 6 o'clock)  
&7 – 8      Step Right beside Left. Step Left to Left side. Drag Right to touch beside Left

**Back Right. Back Left (with knee pops). Coaster step. Cross. Flick. Diagonal shuffle**

1 – 2      Step back on Right (popping Left knee forward). Step back on Left (popping Right knee forward)  
3&4      Step back on Right. Step Left beside Right. Step forward on Right  
5 – 6      Cross step Left over Right. Flick Right back turning to face Left diagonal  
7&8      Step Right forward to Left diagonal. Step Left beside Right. Step Right forward to Left diagonal

**Lunge. Recover. Back. Side. Cross. Side. Quarter turn Left. Kick-ball-cross**

1 – 2      Still facing Left diagonal lunge forward on Left bending Left knee. Recover onto Right  
3&4      Step back on Left. Straighten up to face 12 o'clock stepping Right to Right side. Cross Left over Right  
5 – 6      Step Right to Right side. Quarter turn Left (Facing 3 o'clock)  
7&8      Kick Right forward. Step Right beside Left. Cross Left over Right

**Start again**

**\*Tag: At the end of wall 3 (Facing 9 o'clock) add the following 8 count tag and then restart from beginning facing 9 o'clock**

**Right side stomp. Bump hip Right. Bump hips Left-Right-Left. Back rock. Kick-ball-cross**

1 – 2      Stomp Right to Right side (weight on Left) Transfer weight to Right bumping Right hip to Right  
3&4      Bump hips Left. Right. Left  
5 – 6      Rock back on Right. Recover onto Left  
7&8      Kick Right forward. Step Right beside Left. Cross Left over Right