

All Night Long

COPPER KNOB
STEPSHEETS

拍數: 50 牆數: 2 級數: Easy Intermediate
編舞者: Roz Chaplin (UK) & Colin B Smith (UK) - April 2012
音樂: All Night Long (feat. Jimmy Buffett) - Lionel Richie : (CD: Tuskegee - iTunes)



Intro: 50 Counts - Starts on 'Well my friends'.

SIDE MAMBO'S, ROCK RECOVER, BEHIND SIDE, CROSS

1 Step forward on right
2&3 Rock left to left side, recover onto right, step left in front of right
4&5 Rock right to right side, recover onto left, cross right over left
6-7 Rock left diagonally to left, recover onto right,
8&1 Cross left behind right, step right to right side, cross left over right

MAMBO FORWARD, MAMBO BACK, WALK, WALK, STEP PIVOT ½ TURN, FORWARD

2&3 Rock forward onto right, rock back onto left, step right in place
4&5 Rock back on left, rock forward on right, step left in place
6-7 Walk forward right, walk forward left
8&1 Step forward right, pivot ½ turn left, step forward on right (6)

SIDE MAMBO'S, ROCK RECOVER, BEHIND SIDE, CROSS

2&3 Rock left to left side, recover onto right, step left in front of right
4&5 Rock right to right side, recover onto left, cross right over left
6-7 Rock left diagonally to left, recover onto right,
8&1 Cross left behind right, step right to right side, cross left over right

SHUFFLE, MAMBO FORWARD, STEP, DRAG & CROSSING SHUFFLE

2&3 Step right forward, step left beside right, step right forward
4&5 Rock left forward, recover onto right, step left beside right
6-7& Step right LONG step back, drag left towards right, step left beside right
8&1 Cross right over left, step left to left side, cross right over left (6)

HIPS BUMPS, ½ TURNING HIP BUMPS, ROCK RECOVER, CHASSE ¼ TURN

2&3 Bump hips left, bump hips right, bump hips left (taking weight)
4&5 Turning ½ turn bumping hips right, bump hips left, bump hips right (12)
6-7 Rock forward on left, recover onto right
8&1 Making ¼ turn left stepping left to left side, close right beside left, step left to left side (9)

BOTAFOGO'S, ROCK STEP, SHUFFLE ¾ TURN, KICK &

2&3 Step right forward, rock left to left side, recover onto right
4&5 Step left forward, rock right to right side, recover onto left
6-7 Rock forward on right, recover onto left
8&1 Make ¾ turn to right stepping right, left, right (6)
2& Kick left forward, step left beside right

Start Again & Enjoy