

Dreamy Life

COPPERKNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ines Maaß (DE) - April 2012
音樂: Sh-Boom - The Overtones



Intro 8 Counts

Toe Heel Cross Swivels R/L with Holds

- 1 – 4 touch right toes beside LF and turn left heel to right, touch right heel beside LF and turn left heel to left, cross RF over LF and turn left heel to right, hold,
5 – 8 touch left toes beside RF and turn right heel to left, touch left heel beside RF and turn right heel to right, cross LF over RF and turn right heel to left, hold,

Chassé R, Rock Back, Chassé L, Rock Back

- 1 & 2 step RF to right, step LF together, step RF to right,
3 – 4 rock back on LF, recover on RF,
5 & 6 step LF to left, step RF together, step LF to left,
7 – 8 rock back on RF, recover on LF,

Shuffle Forward, Step ½ Turn R, Shuffle ½ Turn R, Rock Back

- 1 & 2 step RF forward, step LF to RF, step RF forward,
3 – 4 step LF forward, ½ turn right taking weight on RF,
5 & 6 ¼ turn right stepping LF to left, step RF together, ¼ turn right stepping back LF,
7 – 8 rock back on RF, recover on LF,

Side Rock Cross Hold R/L

- 1 – 4 rock RF to right, recover on LF, cross RF over LF, hold,
5 – 8 rock LF to left, recover on RF, cross LF over RF, hold,

Knee Pops

- 1 – 2 step RF to right raising right heel and turn right knee to left, hold,
3 – 4 lower right heel and raise left heel and turn left knee to right, hold
5 – 6 lower left heel and raise right heel and turn right knee to left, lower right heel and raise left heel and turn left knee to right,
7 – 8 lower left heel and raise right heel and turn right knee to left, lower right heel and raise left heel and turn left knee to right,

Side Together Back Hold, Travelling Toe Heel Twist

- 1 – 4 step LF to left, step RF together, step back on LF, hold,
5 – 8 turn left heel to right and touch right toes next to LF, turn left toes to right and touch right heel next to LF, turn left heel to right and touch right toes next to LF, turn left toes to right and touch right heel next to LF

(Restart during 2nd. wall)

Closed Chainè Turn R, Hold, Closed Chainè Turn L, Hold

- 1 – 4 step RF forward (ext. 5. FP), ¼ turn right stepping LF next to RF, ¾ turn right stepping RF forward, hold,
5 – 8 step LF forward (ext. 5. FP), ¼ turn left stepping RF next to LF, ¾ turn left stepping LF forward, hold,

Rock Forward, Shuffle ½ Turn R, Step ¼ Turn R, Cross Shuffle

- 1 – 2 rock RF forward, recover on LF,
3 & 4 ¼ turn right stepping RF to right, step LF together, ¼ turn right stepping RF forward,

5 – 6 step LF forward, $\frac{1}{4}$ turn right taking weight on RF,
7 & 8 cross LF over RF, step RF to LF, cross LF over RF.

Start dance from the beginning.

Restart: During 2nd. wall after 48 counts.
