

# You're Not Alone

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Ross Brown (ENG) - March 2012  
音樂: You're Not Alone (Disco Version) - BWO : (CD: Big Science)



**Intro: 32 Counts (Approx. 14 Secs)**

**BALL, CROSS, SIDE. SAILOR STEP. CROSS, SIDE. SAILOR ¼ TURN L.**

- & 1 – 2      Step left next to right, cross step right over left, step left to the left.
- 3 & 4      Cross step right behind left, step left to the left, step right to the right.
- 5 – 6      Cross step left over right, step right to the right.
- 7 & 8      Make a ¼ turn left stepping; left behind right, right next to left, forward with left. (9 o'clock)

**KICK BALL POINT. KICK BALL POINT. HEEL SWITCHES. STEP, BRUSH.**

- 1 & 2      Kick right foot forward, step right next to left, point left to the left.
- 3 & 4      Kick left foot forward, step left next to right, point right to the right.
- 5 & 6 &      Tap right heel forward, step right next to left, tap left heel forward, step left next to right.
- 7 – 8      Step forward with right, brush left foot forward. (9 o'clock)

**SHUFFLE FORWARD. FORWARD ROCK. SHUFFLE ½ TURN R. SHUFFLE FORWARD.**

- 1 & 2      Step forward with left, close right up to right, step forward with left.
- 3 – 4      Rock forward with right, recover onto left.
- 5 & 6      Shuffle a ½ turn right stepping; right, left, right.
- 7 & 8      Step forward with left, close right up to left, step forward with left. (3 o'clock)

**SIDE ROCK ¼ TURN L. FULL TURN L. FORWARD ROCK. COASTER STEP.**

- 1 – 2      Rock right to the right, make a ¼ turn left recovering onto left.
- 3 – 4      Make a full turn left stepping; back with right (½), forward with left (½).
- 5 – 6      Rock forward with right, recover onto left.
- 7 & 8      Step back with right, step left next to right, step forward with right. (12 o'clock)

**OUT, OUT. SAILOR POINT. BALL, CROSS, BACK ¼ TURN R. CHASSE RIGHT.**

- 1 – 2      Step forward and out with left, step forward and out with right.
- 3 & 4      Cross step left behind right, step right to the right, point left to the left. (\*R1\*)
- & 5 – 6      Step left next to right, cross step right over left, make a ¼ turn right stepping back with left.
- 7 & 8      Step right to the right, close left up to right, step right to the right. (3 o'clock)

**CROSS, MONTEREY ¼ TURN R. BALL, WALK, WALK. MAMBO FORWARD.**

- 1 – 2      Cross step left over right, point right to the right.
- 3 – 4      Make a ¼ turn right stepping right next to left, point left to the left. (\*R2\*)
- & 5 – 6      Step left next to right, walk forward; right, left.
- 7 & 8      Rock forward with right, recover onto left, step right next to left. (6 o'clock)

**WALK; BACK, BACK. COASTER CROSS. SIDE, BEHIND. CHASSE ¼ TURN R.**

- 1 – 2      Walk back; left, right.
- 3 & 4      Step back with left, step right next to left, cross step left over right.
- 5 – 6      Step right to the right, cross step left behind right.
- 7 & 8      Step right to the right, close left up to right, make a ¼ turn right stepping forward with right. (9 o'clock)

**STEP, PIVOT ½ TURN R. SHUFFLE ¼ TURN R. BEHIND, SIDE, CROSS, TOUCH.**

- 1 – 2      Step forward with left, pivot a ½ turn right.
- 3 & 4      Shuffle a ¼ turn right stepping; left, right, left.

5 – 8            Cross step right behind left, step left to the left, cross step right over left, touch left next to right. (6 o'clock)

**End of Dance!**

**TAG At the end of Wall 1, add the following four count TAG.**

& 1 – 2            Step left next to right, cross step right over left, step back with left.

3 – 4            Step right to the right, touch left next to right.

**RESTART 1:- On Wall 3, restart the dance after 36 Counts facing 12 o'clock.**

**RESTART 2:- On Wall 5, restart the dance after 44 Counts facing 12 o'clock.**

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