

Crickets and Frogs

COPPER KNOB
STEPPEDETS

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Steven Lerner & Courtney Freeburn - April 2012
音樂: Banjo - Rascal Flatts : (Album: Changed - iTunes)



Dance Starts: When Rascal Flatts starts singing

[1-8] Rock L, Behind Side Cross, Rock R, Coaster, ¼ Turn Right

1-2 Facing 12:00- Rock L on L recover on R 12:00
3&4 L behind R, bring R beside L, cross L over R 12:00
5-6 Rock R on R recover on L 12:00
7&8 Coaster step with a ¼ to the right (weight ends on R) 3:00

[9-16] Step ½ turn, triple back on L with ½ turn, triple back on R, coaster Step

1-2 Step out with L, pivot ½ turn (weight ends on R) 9:00
3&4 Triple back on L with a ½ turn 3:00
5&6 Triple back on R 3:00
7&8 Coaster Step (weight ends on L) 3:00

[17-24] 3 Heel Switches, Back Toe, Scuff up, Stomp, Step forward on R, pivot ¼ turn to the L

1& Touch R heel out, recover 3:00
2& Touch L heel out, recover 3:00
3& Touch Right heel out, recover 3:00
4 Touch L toe Back 3:00
5-6 Scuff L foot and firm stop (weight ends on L foot) 3:00
7 Step out on R foot 3:00
8 Pivot ¼ Turn Left (weight stays on L foot) 12:00

[25-32] Triple forward with R, Rock forward on L, Triple back with ½ turn, slow cross

1&2 Triple forward on R foot 12:00
3-4 Rock forward on L, recover 12:00
5&6 Triple back on L with ½ turn L 6:00
7-8 Kick out R and slow cross over L 6:00

Repeat until song ends

Tags/Restarts: No Tags/ No Restarts

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