

Lonely Lady

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rhonda Mathieson (AUS) - March 2012
音樂: Lonely Lady - Bouke : (Album: Sing Elvis and Others)



Intro: 32 beats

WALK LEFT, RIGHT, LEFT, HOLD & CLAP, CLAP, RIGHT SIDE, LEFT TOGETHER, STEP RIGHT BACK, STEP LEFT TOGETHER

1, 2,3,4 Walk forward – left, right, left, HOLD right and clap
5,6,7,8 Step R to side, Step L beside right, Step R back, Step left together ..12 o'clock

VINE RIGHT, TOUCH, VINE LEFT TURN ¼ LEFT, TOUCH

1,2,3,4 Step R to the side, Step L behind right, Step R to the side, Touch L beside right
5,6,7,8 Step L to the side, Step R behind left, Turning ¼ L Step L fwd, Touch R beside left ..9 o'clock

STEP RIGHT FWD 45, LEFT TOGETHER, STEP RIGHT FWD 45, TOUCH LEFT, STEP LEFT FWD 45, RIGHT TOGETHER, STEP LEFT FWD 45, TOUCH RIGHT

1,2,3,4 Step R fwd at 45 degree, Step L fwd beside right, Step R fwd, Step L fwd touch beside right.
5,6,7,8 Step L fwd at 45 degree, Step R fwd beside left, Step L fwd, Step R fwd touch beside left..9 o'clock

STEP RIGHT BACK 45, STEP LEFT BACK & TOUCH, STEP LEFT BACK 45, STEP RIGHT BACK TOGETHER

1,2,3,4 Step R back 45 degree, Step L back touch beside right, Step L back 45 degree, Step R back touch beside left
5,6,7,8 Step R back 45 degree, Step L back touch beside right, Step L back 45 degree, Step R back together beside left ..9 o'clock

[32 beats]

Restart the dance

No tags or restarts

Even though the music lends itself to 1 restart I have chosen to dance through the bridge for beginner level dancers.
