

# Try This For Size

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Steve Rutter (UK) & Claire Butterworth (UK) - March 2012  
音樂: Get Out of My Bed - Mark Medlock & Dieter Bohlen : (Album: Dreamcatcher)



(16 Count Intro - starting on vocals)

## Section 1- V Step, Back Rock , Right Lock Step.

- 1-2            Step right foot forward and out towards right corner, step left foot forward and out towards left corner.  
3-4            Step back on right and in towards centre, close left beside right.  
5-6            Rock back on right, recover weight onto left.  
7&8           Step forward on right, lock left behind right, step forward on right.

## Section 2- Step Forward, Pivot 1/4 Turn Right, Weave.

- 1-2            Step forward on left, pivot a 1/4 turn right.  
3-4            Cross left over right, step right to right side.  
5&6           Cross left behind right, Step right to right side, cross left over right.  
7-8            Step right to right side, cross left behind right.

## Section 3 - 1/4 Turn Right into Heel Splits, Side Rock, Crossing Shuffle.

- 1&2            Make a 1/4 turn right stepping right forward, split heels away from each other, return heels to centre.  
3&4            Step forward on left, split heels away from each other, return heels to centre.  
5-6            Rock right to right side, recover weight onto left.  
7&8            Cross right over left, step left to left side, cross right over left.

## Section 4- Hinge 1/2 Turn Right, Shuffle Forward, Step Forward, Pivot 1/2 Turn Left, Walk Forward.

- 1-2            Make a 1/4 turn right stepping back on left, make a 1/4 turn right stepping right to right side.  
3&4            Step forward on left, close right beside left, step forward on left.  
5-6            Step forward on right, pivot a 1/2 turn left.  
7-8            Step forward on right, step forward on left.

Option: A full turn left stepping on right, left can replace the walk forward on counts 7-8.

## Section 5- Scuff, Scuff With 1/4 Turn Left, Toe Taps, Ball-Step, Step Forward, Pivot 1/2 Turn Left, Step Forward.

- 1-2            Scuff right forward, scuff right back making a 1/4 turn left.  
3-4            Tap right toe back twice.  
&5            Close right beside left, step left forward.  
6-7            Step forward on right, pivot a 1/2 turn left.  
8            Step forward on right.

## Section 6- Forward Rock, Coaster Step, Step Forward, Pivot 1/2 Turn Left, Walk Forward.

- 1-2            Rock forward on left, recover weight onto right.  
3&4            Step back on left, close right beside left, step forward on left.  
5-6            Step forward on right, pivot a 1/2 turn left.  
7-8            Step forward on right, step forward on left.

Restart: When dancing Wall 3 restart dance here (You will be facing 9 o'clock)

## Section 7- Toe Touch, Cross, Toe Touch, Modified Jazz Box.

- 1-2            Point right toe to right side, cross right over left.  
3-4            Point left toe to left side, cross left over right.  
5-6            Step back on right, step left to left side.

7-8 Cross rock right over left, recover weight onto right.

**Section 8- Ball-Cross, Hinge 1/2 Turn Left, Walk Forward, Shuffle Forward.**

&1 Close right beside left, cross left over right.

2-3 Make a 1/4 turn left stepping back on right, make a 1/4 turn left stepping left to left side.

4-6 Step forward on right, step forward on left, step forward on right.

7&8 Step forward on left, close right beside left, step forward on left.

**Restart: When dancing Wall 3 restart dance after 48 Counts (facing 9 o'clock).**

**Choreographers Note: Special Thanks To Liz Shepherd For Naming This Dance For Us! :)**

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