

Climb It!

拍數: 48 牆數: 2 級數: Improver
編舞者: Colin B. Smith (UK) & Roz Chaplin (UK) - April 2012
音樂: Jacob's Ladder - Mark Wills : (CD: 2nd Time Around)



32 Count Intro

STEP, LOCK, STEP SCUFF, MAMBO STEP

- 1-2 Step forward on right, lock left behind right
- 3-4 Step forward on right, scuff left beside right
- 5-6 Rock forward on left, recover onto right
- 7-8 Step left beside right, hold

(Restart here on wall 5)

WALK BACK X2, SLOW COASTER STEP

- 1-2 Walk back on right, hold
- 3-4 Walk back on left, hold
- 5-6 Step back on right, step left beside right
- 7-8 Step forward on right, hold

SIDE CLOSE STEP, WALK X 2

- 1-2 Step left to left side, step right beside left
- 3-4 Step forward on left, hold
- 5-6 Walk forward on right, hold
- 7-8 Walk forward on left, hold

MONTEREY ¼ TURN X 2

- 1-2 Touch right to right side, make ¼ turn to right stepping right beside left
- 3-4 Touch left to left side, step left beside right
- 5-6 Touch right to right side, make ¼ turn to right stepping right beside left
- 7-8 Touch left to left side, step left beside right (6)

SIDE ROCK, WEAVE LEFT, CROSS ROCK

- 1-2 Rock right to right side, recover onto left
- 3-4 Cross right over left, step left to left side
- 5-6 Cross right behind left, step left to left side
- 7-8 Cross rock right over left, recover onto left

TOE STRUTS X 2, STEP TOUCH X 2

- 1-2 Touch right toe to right side, drop right heel (taking weight)
- 3-4 Touch left toe over right, drop left heel (taking weight)
- 5-6 Step right to right side, touch left beside right
- 7-8 Step left to left side, touch right beside left

An Improver dance to floor split with our Jacob's Ladder.
